



MARLOWE
INTERNATIONAL SCHOOL
FALCONS



KESTREL
INTERNATIONAL SCHOOL
KESTRELS



THORNFIELD
INTERNATIONAL SCHOOL
BEARS



ALDERMERE
INTERNATIONAL SCHOOL
WOLVES



BRACKENRIDGE
INTERNATIONAL SCHOOL
HERONS



STANHOPE
INTERNATIONAL SCHOOL
IBEX

A GUIDE FOR THE STAFF WHO TRAVEL WITH THE TEAMS

Meridian Schools Conference

Trips Guide · 2026–27

CITIES

Paris · Berlin · Madrid · Rome ·
Amsterdam · Geneva

WINDOWS

Five conference weekends, October
to April

PROGRAM

Three sports seasons and two
cultural blocks

ARRIVAL

By air and by rail



Contents

Wexcombe International School edition · Version 0.1 draft

Where everything starts. The pages that hold for every trip come first; then a chapter per host city, each in the same order, so the medical page is always the fourth page of a chapter.

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Wexcombe sends teams and delegations to five member schools of the Meridian Schools Conference this year, and one delegation to a Model United Nations in Geneva. Each of those cities has a chapter here: how the party arrives by air and by rail, three hotels within a walk of the host school, the emergency departments and the way each country's system works, where a team eats, what the weather does in the conference window, and one page of numbers to photograph.

The guide is written for the staff who travel, not for families. It carries what stays the same from trip to trip; the schedule, the squad, the rooming list and the Administrator in Charge's mobile belong to each trip's own fixture guide, which cites the chapter here instead of repeating it. Public information is drawn from published sources as of 14 September 2026; the fields only the school can complete are marked.



Head of Trips
Wexcombe International School

School	Wexcombe International School Lancaster Gate, London W2
Conference	Meridian Schools Conference
Year	2026–27
Away cities	Paris, Berlin, Madrid, Rome, Amsterdam · Geneva (outside the conference)
Home events	Season 1 soccer · Season 2 rugby sevens & touch
Issued to	The Head of Trips, the Director of Athletics, and every Administrator in Charge and coach who travels



Every conference weekend is Wednesday out, Sunday home: three parallel movements to three hosts in the sports seasons, two strands in each cultural block. Wexcombe hosts twice and travels eleven times, to six cities.

Window	Event	Host	City
Wed 14 – Sun 18 Oct 2026 Season 1 exchange	Cross country	K Kestrel International School	Berlin
	Volleyball	T Thornfield International School	Madrid
	Soccer — Wexcombe hosts	W Wexcombe International School	London — home
Wed 11 – Sun 15 Nov 2026 November block	Art & Film Convention	B Brackenridge International School	Amsterdam
	Model United Nations (outside the conference)	S Stanhope International School	Geneva
Wed 27 – Sun 31 Jan 2027 Season 2 exchange	Basketball	M Marlowe International School	Paris
	Swimming	A Aldermere International School	Rome
	Rugby sevens & touch — Wexcombe hosts	W Wexcombe International School	London — home
Wed 3 – Sun 7 Mar 2027 Cultural Convention	Music	K Kestrel International School	Berlin
	Dance, drama & theater tech	T Thornfield International School	Madrid
	Speech & debate	M Marlowe International School	Paris
Wed 21 – Sun 25 Apr 2027 Season 3 exchange	Track & field	A Aldermere International School	Rome
	Tennis	B Brackenridge International School	Amsterdam
	Golf & badminton	T Thornfield International School	Madrid

The Geneva Model United Nations is not a conference event; its host is an invited school and the chapter follows the same pages. Home events have their own hosting brief. Dates are the conference's published windows; each trip's fixture guide carries the day-by-day schedule.



Before every trip

Wexcombe International School edition · Version 0.1 draft

Three things hold for every trip in this guide — entry, health cover, and the phones — and they are settled before the first one in October, not repeated in each chapter.

Entry and documents

- British passports enter the Schengen area — every host country in this guide — without a visa for up to 90 days in any 180-day period. The passport was issued less than ten years before the day of entry and is valid for at least three months after the day the party leaves.
- Since 10 April 2026 every non-EU traveler is registered in the Entry/Exit System (EES) at the first Schengen border: fingerprints and a photograph on the first crossing, a quick check on later ones. On a coach or a Eurostar the registration happens at the terminal before departure; the party allows for it in the timing of the first trip of the year in particular.
- ETIAS, the pre-travel authorization for visa-exempt nationals including British citizens, is expected to begin in the last quarter of 2026. The Head of Trips checks travel-europe.europa.eu before each window; once it starts, every traveler carries an approved authorization linked to the passport they travel on.
- Students and staff on other passports confirm their own position with the Head of Trips before departure: EU and Swiss citizens travel on an identity card or passport; other nationalities may need a Schengen visa, and the EU's list-of-travellers scheme for school groups is not available to a school established in the UK.

Health cover

- Every traveler carries a UK Global Health Insurance Card (GHIC) — valid in every EU country and, since 2023, in Switzerland — for state-provided care that becomes necessary during the trip. It is not travel insurance: it does not cover private hospitals, repatriation, or the American Hospital of Paris.
- The school's travel insurance policy details travel in the Administrator in Charge's folder; the policy number and assistance line sit on each city's contacts page as fields the school completes.
- The Administrator in Charge holds every student's medical summary and consent form and a photograph of every passport; the host school and the hotel hold neither.

Phones and money

- The Wexcombe trip duty phone is staffed in London for the whole of every trip: +44 20 7946 0871. Families call it when the Administrator in Charge cannot be reached.
- Most UK mobile plans now charge for EU roaming or cap it; the traveling staff confirm their plan before departure or carry an eSIM, and the duty phone abroad runs on a local SIM bought at the airport. Switzerland is outside most EU roaming bundles.
- Cards work everywhere in this guide; contactless is the norm on transit in Paris, Madrid, Rome and Amsterdam, and on Geneva's trams. A small float of cash covers a market lunch and a pharmacy.

The Wexcombe trip duty phone

+44 20 7946 0871 — staffed in London for the whole of every trip. Families call it when the Administrator in Charge cannot be reached; the Administrator in Charge calls it first for anything that needs the school.



MARLOWE INTERNATIONAL SCHOOL · FRANCE

Welcome to Paris

Wexcombe travels to Paris for basketball 27 – Sun 31 Jan 2027; speech & debate 3 – Sun 7 Mar 2027. The host is Marlowe International School, at Jardin du Luxembourg; every distance in this chapter is measured from that point.

Time	CET — one hour ahead of London
Currency	Euro (€)
Plug	Types E and F, 230 V — UK plugs need an adapter
Tap water	Tap water is safe to drink; Paris fountains (Wallace fountains) are drinking water.
SIM and roaming	Orange, SFR, Bouygues and Free sell prepaid SIMs at CDG arrivals and in any phone shop; an eSIM bought before departure is simpler for a five-day trip.
UK mission	British Embassy Paris 35 rue du Faubourg Saint-Honoré, 75008 Paris · +33 1 44 51 31 00

France emergency numbers

112

Any emergency

European number; English-speaking operators

15

SAMU — medical

The doctor-led line: describes the case, sends the right ambulance, names the department

17

Police

18

Pompiers — fire and rescue

Also attend medical emergencies


Marlowe International School

Host point	Jardin du Luxembourg — Rue de Vaugirard, 75006 Paris (showcase position)
Main office	+33 1 99 00 41 00
Athletics office	+33 1 99 00 41 20
School nurse	+33 1 99 00 41 30

24-hour line. Consular section for a lost passport; an emergency travel document takes a working day. Out of hours the FCDO in London answers on +44 20 7008 5000.



Arriving in Paris

Marlowe International School · 27 – Sun 31 Jan 2027 · 3 – Sun 7 Mar 2027

By air

Charles de Gaulle (CDG). RER B runs from Terminals 2 and 1 (via CDGVAL) straight to Luxembourg station at the garden gate — about 50 minutes, no change; buy tickets at the airport RER counter or by contactless tap. Taxis run at a fixed fare to the Left Bank (about 65 € per car); the party's pre-booked coach meets the group at the terminal's coach bay. Allow an hour by road in daytime traffic.

By rail

Eurostar from St Pancras arrives at Gare du Nord in about 2 h 20. The host is 35 minutes across town by coach; with luggage, RER B from Gare du Nord to Luxembourg is four stops, about 12 minutes, and avoids the traffic.

Moving a team

For twenty or more with kit, a pre-booked coach from either terminal or a private transfer company; Paris taxis seat four and do not take a team. Métro line 4 and RER B serve the garden; carnets have gone — the Navigo Easy card or contactless tap covers every ride.

Transfers by road, off-peak

Journey	Mapbox driving figure
Aéroport de Paris-Charles de Gaulle → Marlowe International School	32.7 km · about 64 min
Gare du Nord → Marlowe International School	6.5 km · about 35 min
Aéroport de Paris-Charles de Gaulle → Hôtel Trianon Rive Gauche	32.9 km · about 65 min
Gare du Nord → Hôtel Trianon Rive Gauche	6.2 km · about 33 min

ARRIVING

Aéroport de Paris-Charles de Gaulle and Gare du Nord to the host school

By road · airport 32.7 km, about 64 min · station 6.5 km, about 35 min (off-peak)

— From the airport
— From the station
● Airport / station / host



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.
Aéroport de Paris-Charles de Gaulle (navy) and Gare du Nord (gold) to the host school.
Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

The hotels

Marlowe International School · 27 – Sun 31 Jan 2027 · 3 – Sun 7 Mar 2027



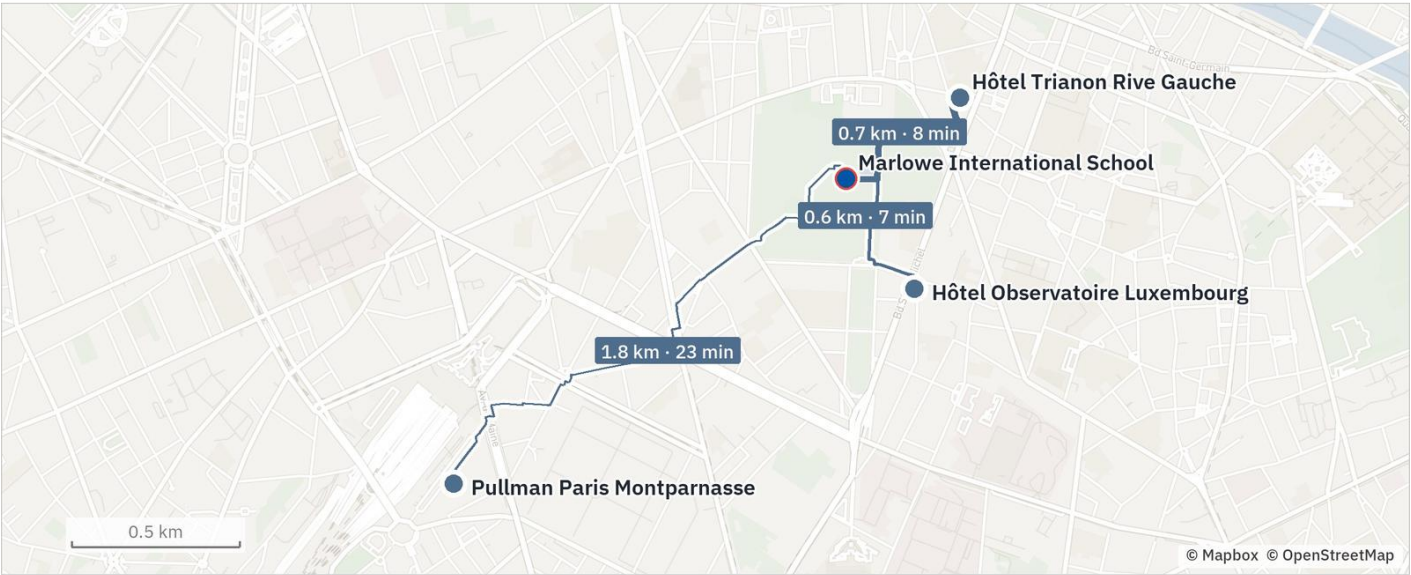
Hotels beside the Luxembourg are Left Bank size — thirty to a hundred and twenty rooms. The Trianon Rive Gauche on Rue de Vaugirard is the largest of the three; a delegation of thirty fits the Pullman Montparnasse (957 rooms), eight minutes by coach.

Hotel	Front desk	Walk to the host	To the emergency department	From the airport / station
Hôtel Trianon Rive Gauche 1B Rue de Vaugirard, 75006 Paris	+33 1 43 29 88 10	0.7 km · about 8 min on foot	2.3 km · about 11 min	32.9 km · 65 min rail 6.2 km · 33 min
Hôtel Observatoire Luxembourg 107 Bd Saint-Michel, 75005 Paris	+33 1 46 34 10 12	0.6 km · about 7 min on foot	1.0 km · about 4 min	34.7 km · 66 min rail 7.3 km · 37 min
Pullman Paris Montparnasse 19 Rue du Commandant René Mouchotte, 75014 Paris	+33 1 44 36 44 36	1.8 km · about 23 min on foot	2.1 km · about 9 min	35.5 km · 67 min rail 8.6 km · 40 min

WHERE TO STAY Three hotels within a walk of the host school

On foot from the host · Trianon Rive 0.7 km · Observatoire Luxembourg 0.6 km · Pullman Paris 1.8 km

- On foot
- Host school
- Hotel



Source: Mapbox Directions (walking), ETI360 place register. The host school is a showcase position.

The host school and the three hotels, with the walking routes.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions (walking).

The guide lists; the school chooses. Rates, group terms and rooming are the Head of Trips' conversation with each hotel, and the fixture guide records the hotel booked for the trip.

Nearest pharmacies

Pharmacy	Address	Phone	Monday hours
Pharmacie by the host	22 Rue Royer-Collard, 75005 Paris	+33 1 43 54 14 36	
Pharmacie du Sénat by the first hotel	42 Rue Monsieur le Prince, 75006 Paris	+33 1 43 26 03 50	9:00 AM–8:00 PM



The emergency department nearest the host is the first call for a serious injury; the second department is the fallback. SOS Médecins (36 24) sends a doctor to the hotel within the hour for anything short of an emergency; pharmacies show the nearest pharmacie de garde on the door after closing.

Adult emergency department

Hôpital Cochin (AP-HP), 27 rue du Faubourg Saint-Jacques — 24 h.
The department for staff and for students the SAMU sends there.
From the host: 1.8 km · about 9 min by taxi · from the first hotel:
2.3 km · about 11 min
+33 1 58 41 41 41

Children's emergency department

Hôpital Necker-Enfants malades (AP-HP), 149 rue de Sèvres — 24 h pediatric emergency. Necker sees children and adolescents; for a student of fifteen to seventeen the coach calls 15 and SAMU names the department.
From the host: 1.9 km · about 9 min by taxi
+33 1 44 49 40 00

English-speaking private hospital

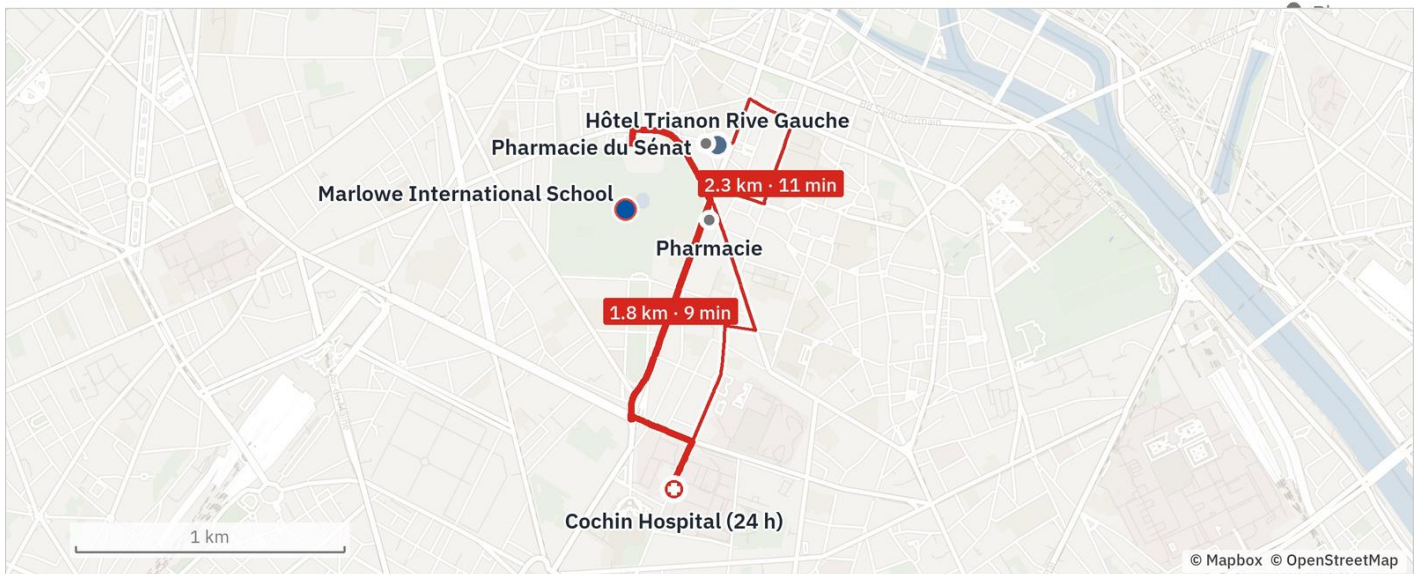
American Hospital of Paris, Neuilly — 24 h emergency department, 36 minutes by car. Private: the school's insurance, not the GHIC, pays.
From the host: 8.4 km · about 36 min by taxi
+33 1 46 41 25 25

MEDICAL

Host school, first hotel and the emergency department

Cochin Hospital · host 1.8 km, 9 min · first hotel 2.3 km, 11 min by taxi

- To the emergency department
- Host school
- Hotel
- Emergency department



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.

Host school, first hotel and the emergency department of record, with the nearest pharmacies.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

What to expect at an emergency department in France

- Bring: the student's passport, the signed medical consent and summary, the GHIC, the insurance details, and a staff member who stays throughout.
- Triage: AP-HP departments triage on arrival by an infirmière d'accueil; a sports injury with X-ray and a cast is typically three to four hours. Calling 15 first shortens the wait when an ambulance is needed.
- Payment: with a GHIC, public care is charged at the French patient rate and a fee is settled at the desk (a card works); the private hospital asks for the insurance authorization or a deposit.
- Language: SAMU and the big AP-HP departments have English-speaking staff; the coach brings the student's medical summary in English and the host's nurse can be reached on the office line for translation.



Eating around the hotel

Marlowe International School · 27 – Sun 31 Jan 2027 · 3 – Sun 7 Mar 2027

Places a team can eat within a short walk of the first hotel, ranked by Google rating and review volume, with bars and anything above Google's second price band left out. The numbers match the map.

- 1

Vagenende \$\$
142 Boulevard Saint-Germain, Paris · 530 m · 6 min walk · 4.3★ (1,916)
- 2

Roger La Grenouille \$\$
28 Rue des Grands Augustins, Paris · 550 m · 7 min walk · 4.4★ (1,805)
- 3

La Fourmi Ailée \$\$
8 Rue du Fouarre, Paris · 570 m · 7 min walk · 4.2★ (1,196)
- 4

Sola
12 Rue de l'Hôtel Colbert, Paris · 620 m · 7 min walk · 4.7★ (898)
- 5

Boulangerie Eric Kayser - 14 Monge \$\$
14 Rue Monge, Paris · 630 m · 8 min walk · 4.2★ (534)
- 6

Le Grenier de Notre-Dame \$\$
18 Rue de la Bûcherie, Paris · 660 m · 8 min walk · 4.3★ (1,643)
- 7

Cosi \$\$
54 Rue de Seine, Paris · 670 m · 8 min walk · 4.5★ (1,394)
- 8

Quartier Latin \$\$
1 Rue Mouffetard, Paris · 740 m · 9 min walk · 4.8★ (2,106)
- 9

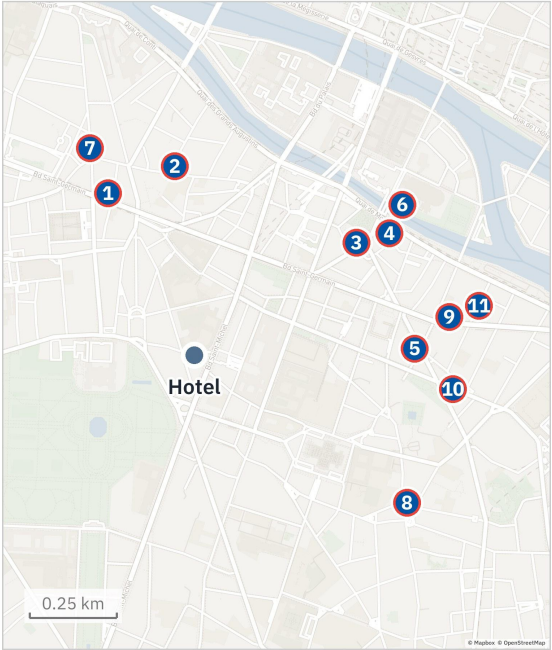
Chez Gladines Saint Germain \$
44 Boulevard Saint-Germain, Paris · 740 m · 9 min walk · 4.4★ (2,640)
- 10

Breakfast in America \$\$
17 Rue des Écoles, Paris · 750 m · 9 min walk · 4.3★ (4,122)
- 11

Café El Sur \$\$
35 Boulevard Saint-Germain, Paris · 770 m · 9 min walk · 4.3★ (1,095)

EATING Around the first hotel

Numbers match the list · hotel marked in slate



Source: Google Places, ETI360 place register.

Price bands are Google's (\$ to \$\$\$\$); ratings are Google reviews at 14 September 2026. Hours change; the hotel front desk confirms and takes a booking for twenty.

What to eat in Paris

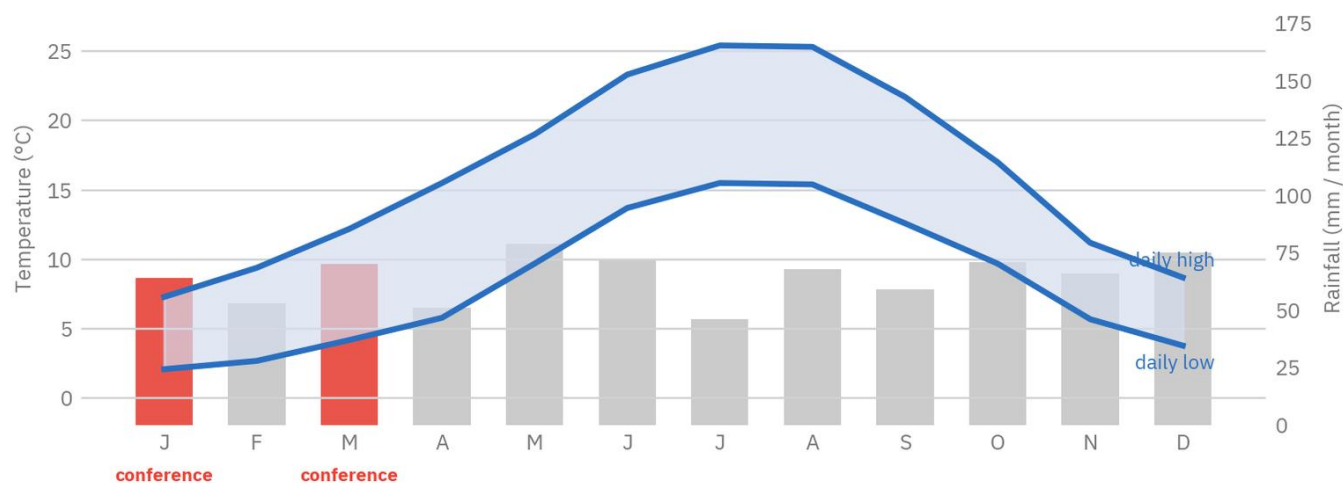
- Croque-monsieur**
the café lunch that feeds a team fast
- Steak frites**
team dinner at a brasserie; bookings for twenty are normal
- Crêpes**
the Latin Quarter's stand-up snack, sweet or savory
- Boulangerie sandwiches**
a jambon-beurre and a pastry is the match-day lunch



What Paris typically does in the conference windows Wexcombe travels there, from ten years of daily records. Typical conditions, not a forecast; the Administrator in Charge checks the week's forecast before departure.

Paris through the year

Paris · mean daily high and low (°C) and monthly rainfall (mm), 2015–2024 · conference windows in gold



Source: Open-Meteo historical archive (ERA5 reanalysis), Paris grid point, 2015–2024.

Wexcombe

The windows

- Late January: typical highs around 7 °C, lows near 2 °C, a wet day in three; an indoor basketball week, but the walk to the venue is a coat and a hat.
- Early March: highs about 12 °C, lows near 4 °C; bright cold mornings, rain on a third of days.

Good to know

- The Jardin du Luxembourg closes at dusk; gates are locked, so the evening walk back goes around the railings.
- Métro and RER doors do not reopen; a team boards together or waits together for the next train.
- Smoking is banned in parks and at bus stops as well as indoors; vaping counts.
- Tipping is included in every bill (service compris); a euro or two for a good server is a courtesy, not a rule.

Contacts — Paris

Marlowe International School • 27 – Sun 31 Jan 2027 • 3 – Sun 7 Mar 2027



One page, every number, designed to be photographed. Staff keep it on their phones; the fields the school completes are blanks.

France: **112** Any emergency • **15** SAMU — medical • **17** Police • **18** Pompiers — fire and rescue

Contact	Number	Role
Administrator in Charge — mobile Travels with the party; on all night		First call for any student, parent or coach. Issued before departure.
Wexcombe trip duty phone (24 h) Staffed in London for the five days	+44 20 7946 0871	When the Administrator in Charge cannot be reached.
Wexcombe Head of Trips trips@wexcombe.school	+44 20 7946 0812	School-side owner of the trip; office hours.
Wexcombe School Nurse nurse@wexcombe.school	+44 20 7946 0830	Holds the medical sheets; takes a medical question.
Cochin Hospital — adult emergency department Site Cochin 27, rue du Fbg-St-Jacques	+33 1 58 41 41 41	Adult emergency department; 1.8 km, about 9 min from the host.
Necker Hospital — children's emergency department 149 Rue de Sèvres, 75015 Paris	+33 1 44 49 40 00	Children's emergency department; 1.9 km, about 9 min from the host.
American Hospital of Paris — english-speaking private hospital 84 Bd de la Saussaye, 92200 Neuilly-sur-Seine	+33 1 46 41 25 25	English-speaking private hospital; 8.4 km, about 36 min from the host.
Marlowe International School — main office Jardin du Luxembourg	+33 1 99 00 41 00	Front office on competition days; coach drop-off at the host point.
Marlowe International School — athletics office	+33 1 99 00 41 20	Host fixtures lead; first call at the venue.
Marlowe International School — school nurse	+33 1 99 00 41 30	On the venue during sessions.
Hôtel Trianon Rive Gauche — front desk 1B Rue de Vaugirard, 75006 Paris	+33 1 43 29 88 10	Holds the Wexcombe rooming list.
Hôtel Observatoire Luxembourg — front desk 107 Bd Saint-Michel, 75005 Paris	+33 1 46 34 10 12	Holds the Wexcombe rooming list.
Pullman Paris Montparnasse — front desk 19 Rue du Commandant René Mouchotte, 75014 Paris	+33 1 44 36 44 36	Holds the Wexcombe rooming list.
British Embassy Paris 35 rue du Faubourg Saint-Honoré, 75008 Paris	+33 1 44 51 31 00	Lost passport or consular help.
FCDO, London (24 h) Consular emergencies abroad	+44 20 7008 5000	When the mission is closed.
Travel insurance assistance line Policy number:		Sports injury, admission, medical transfer home.



Wexcombe travels to Berlin for cross country 14 – Sun 18 Oct 2026; music 3 – Sun 7 Mar 2027. The host is Kestrel International School, at Gendarmenmarkt; every distance in this chapter is measured from that point.

Time	CET — one hour ahead of London
Currency	Euro (€)
Plug	Type F, 230 V — UK plugs need an adapter
Tap water	Tap water is safe to drink and served on request; restaurants charge for bottled water.
SIM and roaming	Telekom, Vodafone and O2 prepaid SIMs are sold at BER and in supermarkets; German law asks for passport registration at activation.
UK mission	British Embassy Berlin Wilhelmstraße 70–71, 10117 Berlin · +49 30 204570

Germany emergency numbers

112 Ambulance and fire European number; the dispatcher asks where, what, how many, who is calling	110 Police	116 117 Out-of-hours doctor The Kassenärztlicher Bereitschaftsdienst for anything that is not an emergency
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 Kestrel International School

Host point	Gendarmenmarkt — Gendarmenmarkt, 10117 Berlin (showcase position)
Main office	+49 30 23125 400
Athletics office	+49 30 23125 420
School nurse	+49 30 23125 430

Ten minutes on foot from the Gendarmenmarkt; consular appointments online. Out of hours the FCDO in London answers on +44 20 7008 5000.



Arriving in Berlin

Kestrel International School · 14 – Sun 18 Oct 2026 · 3 – Sun 7 Mar 2027

By air

Berlin Brandenburg (BER), Terminal 1. The FEX airport express and S-Bahn lines S9 and S45 leave from the station under the terminal; the FEX reaches Hauptbahnhof in about 30 minutes, with U-Bahn line U6 or a taxi from there. Taxis wait outside Terminal 1 (about 60 € to Mitte); the pre-booked coach loads at the terminal's coach stands. Allow 40 minutes by road.

By rail

ICE and EC trains arrive at Berlin Hauptbahnhof; the host is 12 minutes by taxi, or U5 two stops to Unter den Linden and a five-minute walk. Amsterdam is about 6 h 15 by direct ICE; Paris about 8 h with a change.

Moving a team

A pre-booked coach for the team and kit; Berlin taxis take four. The U-Bahn, S-Bahn and trams run on one ticket (zone AB), bought in the BVG app or at the platform machine and validated before boarding — an unvalidated ticket is a 60 € fine, checked often.

Transfers by road, off-peak

Journey	Mapbox driving figure
Berlin Brandenburg Airport → Kestrel International School	27.0 km · about 38 min
Berlin Hauptbahnhof → Kestrel International School	4.7 km · about 12 min
Berlin Brandenburg Airport → Hilton Berlin	26.5 km · about 37 min
Berlin Hauptbahnhof → Hilton Berlin	4.6 km · about 12 min

ARRIVING

Berlin Brandenburg Airport and Berlin Hauptbahnhof to the host school

By road · airport 27.0 km, about 38 min · station 4.7 km, about 12 min (off-peak)

- From the airport
- From the station
- Airport / station / host



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.
Berlin Brandenburg Airport (navy) and Berlin Hauptbahnhof (gold) to the host school.
Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.



The hotels

Kestrel International School · 14 – Sun 18 Oct 2026 · 3 – Sun 7 Mar 2027

The Hilton stands on the square itself and the Titanic a block away; the NH Collection at Checkpoint Charlie is the largest of the three. All three are seven minutes or less on foot from the host.

Hotel	Front desk	Walk to the host	To the emergency department	From the airport / station
Hilton Berlin Anton-Wilhelm-Amo-Straße 30, 10117 Berlin	+49 30 202300	0.2 km · about 3 min on foot	2.6 km · about 10 min	26.5 km · 37 min rail 4.6 km · 12 min
Titanic Gendarmenmarkt Berlin Französische Str. 30, 10117 Berlin	+49 30 20143700	0.3 km · about 4 min on foot	2.5 km · about 10 min	26.3 km · 37 min rail 4.4 km · 11 min
Hotel NH Collection Berlin Mitte am Checkpoint Charlie Leipziger Str. 106-111, 10117 Berlin	+49 30 203760	0.6 km · about 7 min on foot	2.8 km · about 10 min	26.3 km · 35 min rail 4.0 km · 10 min

WHERE TO STAY

Three hotels within a walk of the host school

On foot from the host · Hilton Berlin 0.2 km · Titanic Gendarmenmarkt 0.3 km · NH Collection 0.6 km

- On foot
- Host school
- Hotel



Source: Mapbox Directions (walking), ETI360 place register. The host school is a showcase position.
The host school and the three hotels, with the walking routes.
Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions (walking).

The guide lists; the school chooses. Rates, group terms and rooming are the Head of Trips' conversation with each hotel, and the fixture guide records the hotel booked for the trip.

Nearest pharmacies

Pharmacy	Address	Phone	Monday hours
Apotheke Q 205 by the host	Friedrichstraße 68, 10117 Berlin	+49 30 20945862	8:00 AM–8:00 PM



The emergency department nearest the host is the first call for a serious injury; the second department is the fallback. 116 117 books an out-of-hours doctor or a home visit; the Apotheken-Notdienst sign on any pharmacy door lists the night pharmacy, and Apotheke Q 205 by the square opens to 20:00.

Emergency department

Charité Campus Mitte — Rettungsstelle, Charitéplatz 1 — 24 h, 11 minutes by car from the square. Adults and adolescents; the university hospital's central emergency room.
From the host: 2.8 km · about 11 min by taxi · from the first hotel: 2.6 km · about 10 min
+49 30 45050

Second department

Vivantes Klinikum Am Urban, Dieffenbachstraße 1, Kreuzberg — 24 h Rettungsstelle, 11 minutes by car; the fallback if Charité is on divert.
From the host: 4.0 km · about 11 min by taxi
+49 30 130210

Children's emergency

Charité Campus Virchow-Klinikum, Wedding — the Kinderrettungsstelle for younger students; 112 or the coach's call to the Charité switchboard (+49 30 45050) directs a case under sixteen.

MEDICAL

Host school, first hotel and the emergency department

Charité Campus Mitte · host 2.8 km, 11 min · first hotel 2.6 km, 10 min by taxi

- To the emergency department
- Host school
- Hotel
- Emergency department



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.

Host school, first hotel and the emergency department of record, with the nearest pharmacies.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

What to expect at an emergency department in Germany

- Bring: the student's passport, the signed medical consent and summary, the GHIC, the insurance details, and a staff member who stays throughout.
- Triage: German Rettungsstellen triage by the Manchester system on arrival; a sports injury needing an X-ray is usually two to four hours. The Ersteinschätzung nurse asks for the GHIC at registration.
- Payment: with a GHIC, public care is billed to the NHS at German statutory rates and nothing is paid at the desk beyond a small quarterly fee; without it the hospital asks for a card deposit.
- Language: Charité staff work in English; the coach brings the student's medical summary and the 116 117 line has English-speaking operators.



Eating around the hotel

Kestrel International School · 14 – Sun 18 Oct 2026 · 3 – Sun 7 Mar 2027

Places a team can eat within a short walk of the first hotel, ranked by Google rating and review volume, with bars and anything above Google's second price band left out. The numbers match the map.

- 1

MAREDO Beef & Beer Gendarmenmarkt \$\$
Quartier 205 Am Gendarmenmarkt, Charlottenstraße 57, Berlin · 140 m · 2 min walk · 4.4★ (2,208)
- 2

Augustiner am Gendarmenmarkt \$\$
Charlottenstraße 55, Berlin · 220 m · 3 min walk · 4★ (11,395)
- 3

Otito Vietnamese Food \$
Leipziger Straße 30, Berlin · 260 m · 3 min walk · 4.2★ (1,821)
- 4

Good Time Restaurant \$\$
Hausvogteiplatz 11, Berlin · 280 m · 3 min walk · 4.5★ (2,317)
- 5

Ristorante Lungomare \$\$
Krausenstraße 11, Berlin · 320 m · 4 min walk · 4.7★ (1,237)
- 6

China Restaurant China City \$\$
Leipziger Straße 46, Berlin · 350 m · 4 min walk · 4.5★ (1,729)
- 7

Avan \$\$
Mauerstraße 81-82, Berlin · 470 m · 6 min walk · 4.8★ (1,149)
- 8

Nante-Eck \$\$
Unter den Linden 35, Berlin · 590 m · 7 min walk · 4.6★ (6,243)
- 9

Spätzle Club \$
Seydelstraße 2, Berlin · 670 m · 8 min walk · 4.6★ (1,006)
- 10

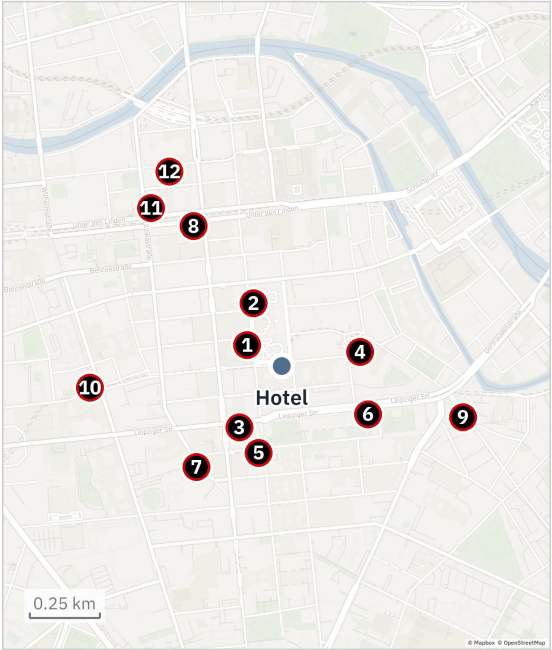
Peking Ente Berlin \$\$
Voßstraße 1, Berlin · 680 m · 8 min walk · 4.1★ (1,998)
- 11

EINSTEIN Unter den Linden \$\$
Unter den Linden 42, Berlin · 730 m · 9 min walk · 4.1★ (7,117)
- 12

Ishin Mittelstraße \$\$
Mittelstraße 24, Berlin · 780 m · 9 min walk · 4.5★ (2,591)

EATING Around the first hotel

Numbers match the list · hotel marked in slate



Source: Google Places, ETI360 place register.

Price bands are Google's (\$ to \$\$\$\$); ratings are Google reviews at 14 September 2026. Hours change; the hotel front desk confirms and takes a booking for twenty.

What to eat in Berlin

- Currywurst and fries**
the stand-up lunch at any Imbiss
- Schnitzel**
team dinner at a Gasthaus; portions feed an athlete
- Döner kebab**
Berlin's own; a full meal for under ten euros
- Bakery breakfast**
Brötchen, pretzels and coffee from 06:00 — the pre-race start

Weather and good to know

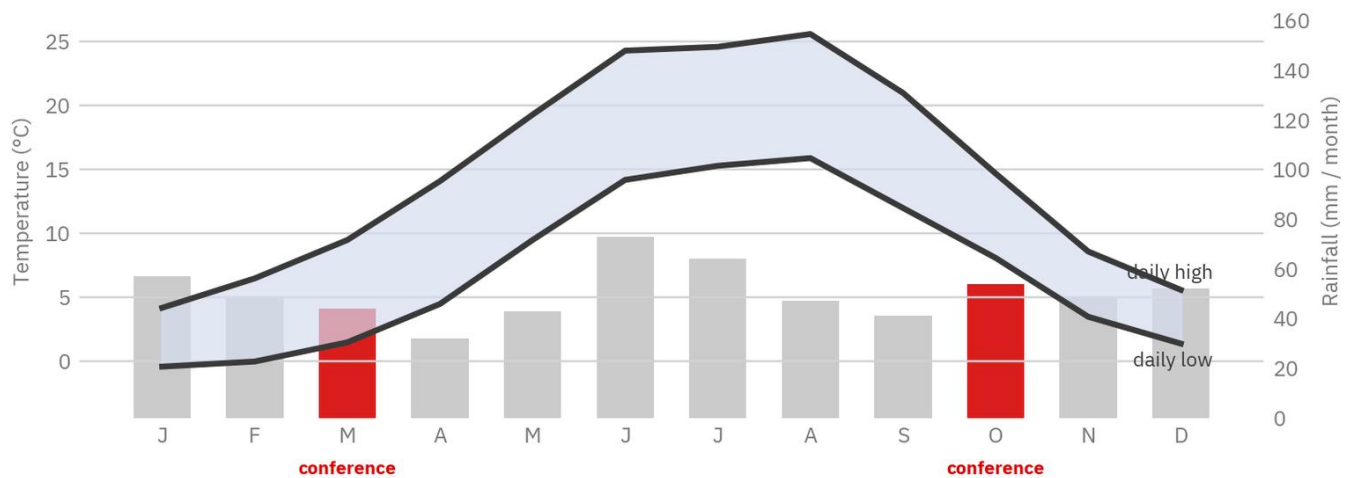
Kestrel International School • 14 – Sun 18 Oct 2026 • 3 – Sun 7 Mar 2027



What Berlin typically does in the conference windows Wexcombe travels there, from ten years of daily records. Typical conditions, not a forecast; the Administrator in Charge checks the week's forecast before departure.

Berlin through the year

Berlin • mean daily high and low (°C) and monthly rainfall (mm), 2015–2024 • conference windows in gold



Source: Open-Meteo historical archive (ERA5 reanalysis), Berlin grid point, 2015–2024.

Wexcombe

The windows

- Early March: highs about 8 °C, lows near 1 °C, a cold wind on the square; a music week is indoors but instruments travel in cases with the case cold.
- Mid-October: typical highs about 13 °C, lows near 6 °C, rain on a third of days; cross country runs in a long-sleeve base layer and the finish area needs a warm coat.

Good to know

- Cash still matters: a surprising number of Berlin cafés and kiosks take cards reluctantly or not at all.
- Jaywalking is fined and frowned on; a team crosses at the lights.
- Quiet hours (Ruhezeit) run 22:00–06:00 in the hotel and on the street; a corridor full of players at midnight draws a complaint quickly.
- Sunday is closed: supermarkets and most shops shut; the station shops and bakeries stay open.

Contacts — Berlin

Kestrel International School · 14 – Sun 18 Oct 2026 · 3 – Sun 7 Mar 2027



One page, every number, designed to be photographed. Staff keep it on their phones; the fields the school completes are blanks.

Germany: **112** Ambulance and fire · **110** Police · **116 117** Out-of-hours doctor

Contact	Number	Role
Administrator in Charge — mobile Travels with the party; on all night	_____	First call for any student, parent or coach. Issued before departure.
Wexcombe trip duty phone (24 h) Staffed in London for the five days	+44 20 7946 0871	When the Administrator in Charge cannot be reached.
Wexcombe Head of Trips trips@wexcombe.school	+44 20 7946 0812	School-side owner of the trip; office hours.
Wexcombe School Nurse nurse@wexcombe.school	+44 20 7946 0830	Holds the medical sheets; takes a medical question.
Charité Campus Mitte — emergency department Charitépl. 1, 10117 Berlin	+49 30 45050	Emergency department; 2.8 km, about 11 min from the host.
Vivantes Hospital Am Urban — second department Dieffenbachstraße 1, 10967 Berlin-Bezirk Friedrichshain-Kreuzberg	+49 30 130210	Second department; 4.0 km, about 11 min from the host.
Kestrel International School — main office Gendarmenmarkt	+49 30 23125 400	Front office on competition days; coach drop-off at the host point.
Kestrel International School — athletics office	+49 30 23125 420	Host fixtures lead; first call at the venue.
Kestrel International School — school nurse	+49 30 23125 430	On the venue during sessions.
Hilton Berlin — front desk Anton-Wilhelm-Amo-Straße 30, 10117 Berlin	+49 30 202300	Holds the Wexcombe rooming list.
Titanic Gendarmenmarkt Berlin — front desk Französische Str. 30, 10117 Berlin	+49 30 20143700	Holds the Wexcombe rooming list.
Hotel NH Collection Berlin Mitte am Checkpoint Charlie — front desk Leipziger Str. 106-111, 10117 Berlin	+49 30 203760	Holds the Wexcombe rooming list.
British Embassy Berlin Wilhelmstraße 70–71, 10117 Berlin	+49 30 204570	Lost passport or consular help.
FCDO, London (24 h) Consular emergencies abroad	+44 20 7008 5000	When the mission is closed.
Travel insurance assistance line Policy number: _____	_____	Sports injury, admission, medical transfer home.



Wexcombe travels to Madrid for volleyball 14 – Sun 18 Oct 2026; dance, drama & theater tech 3 – Sun 7 Mar 2027; golf & badminton 21 – Sun 25 Apr 2027. The host is Thornfield International School, at Puerta de Alcalá; every distance in this chapter is measured from that point.

Time	CET — one hour ahead of London
Currency	Euro (€)
Plug	Type F, 230 V — UK plugs need an adapter
Tap water	Tap water is safe to drink and served on request; ask for agua del grifo.
SIM and roaming	Movistar, Vodafone and Orange prepaid SIMs are sold at Barajas and in phone shops; registration against a passport is part of the purchase.
UK mission	British Embassy Madrid Torre Emperador Castellana, Paseo de la Castellana 259D, 28046 Madrid · +34 917 146 300

Spain emergency numbers

112 Any emergency European number; English-speaking operators	061 SUMMA 112 — medical Madrid's medical emergency and out-of-hours advice line
091 Policía Nacional	092 Policía Municipal For a lost item or a street incident



Thornfield International School

Host point	Puerta de Alcalá — Plaza de la Independencia, 28001 Madrid (showcase position)
Main office	+34 91 000 00 40
Athletics office	+34 91 000 00 42
School nurse	+34 91 000 00 43

In the four towers north of the center, about 25 minutes by taxi; consular appointments online. Out of hours the FCDO in London answers on +44 20 7008 5000.

Arriving in Madrid

Thornfield International School · 14 – Sun 18 Oct 2026 · 3 – Sun 7 Mar 2027 · 21 – Sun 25 Apr 2027



By air

Adolfo Suárez Madrid-Barajas (MAD), Terminal 4 for Iberia and British Airways, T1–T2 for most others. Metro line 8 and Cercanías C-1 and C-10 run into the city (about 30–40 minutes to the center; an airport supplement applies). Taxis charge a flat 33 € to anywhere inside the M-30 — the Puerta de Alcalá qualifies — with no luggage supplement. The pre-booked coach meets the party at the terminal's bus bay. Allow 30 minutes by road off-peak.

By rail

AVE services from Barcelona, Valencia and Seville arrive at Puerta de Atocha, ten minutes by taxi or Metro line 1 to Retiro station, one stop from the host point. Chamartín serves the north-bound lines.

Moving a team

A pre-booked coach or two minibuses for a team and kit; Madrid taxis take four. The Metro's Multi card (a few euros, loaded with ten trips) covers the group; Retiro (line 2) and Banco de España (line 2) are the host's stations.

Transfers by road, off-peak

Journey	Mapbox driving figure
Adolfo Suárez Madrid-Barajas Airport → Thornfield International School	22.8 km · about 26 min
Madrid Puerta de Atocha - Almudena Grandes → Thornfield International School	2.6 km · about 10 min
Adolfo Suárez Madrid-Barajas Airport → AC Hotel Recoletos	22.9 km · about 26 min
Madrid Puerta de Atocha - Almudena Grandes → AC Hotel Recoletos	2.8 km · about 10 min

ARRIVING

Adolfo Suárez Madrid-Barajas Airport and Madrid Puerta de Atocha - Almudena Grandes

By road · airport 22.8 km, about 26 min · station 2.6 km, about 10 min (off-peak)



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.
Adolfo Suárez Madrid-Barajas Airport (navy) and Madrid Puerta de Atocha - Almudena Grandes (gold) to the host school.
Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

The hotels

Thornfield International School · 14 – Sun 18 Oct 2026 · 3 – Sun 7 Mar 2027 · 21 – Sun 25 Apr 2027



AC Recoletos and the Petit Palace Savoy are three and four minutes from the gate; the NH Collection Colón, twelve minutes up the Castellana, is the larger group hotel. Salamanca and Retiro are safe evening neighborhoods with restaurants that seat a team without a booking before 21:00.

Hotel	Front desk	Walk to the host	To the emergency department	From the airport / station
AC Hotel Recoletos C. de Recoletos, 18, Salamanca, 28001 Madrid	+34 914 36 13 82	0.2 km · about 3 min on foot	2.0 km · about 8 min	22.9 km · 26 min rail 2.8 km · 10 min
Petit Palace Savoy Alfonso XII C. de Alfonso XII, 18, Retiro, 28014 Madrid	+34 915 22 19 20	0.3 km · about 4 min on foot	2.6 km · about 9 min	23.1 km · 27 min rail 2.0 km · 7 min
Hotel NH Collection Madrid Colón C. del Marqués de Zurgena, 4, Salamanca, 28001 Madrid	+34 916 00 81 46	0.9 km · about 12 min on foot	2.7 km · about 10 min	21.9 km · 27 min rail 2.9 km · 10 min

WHERE TO STAY

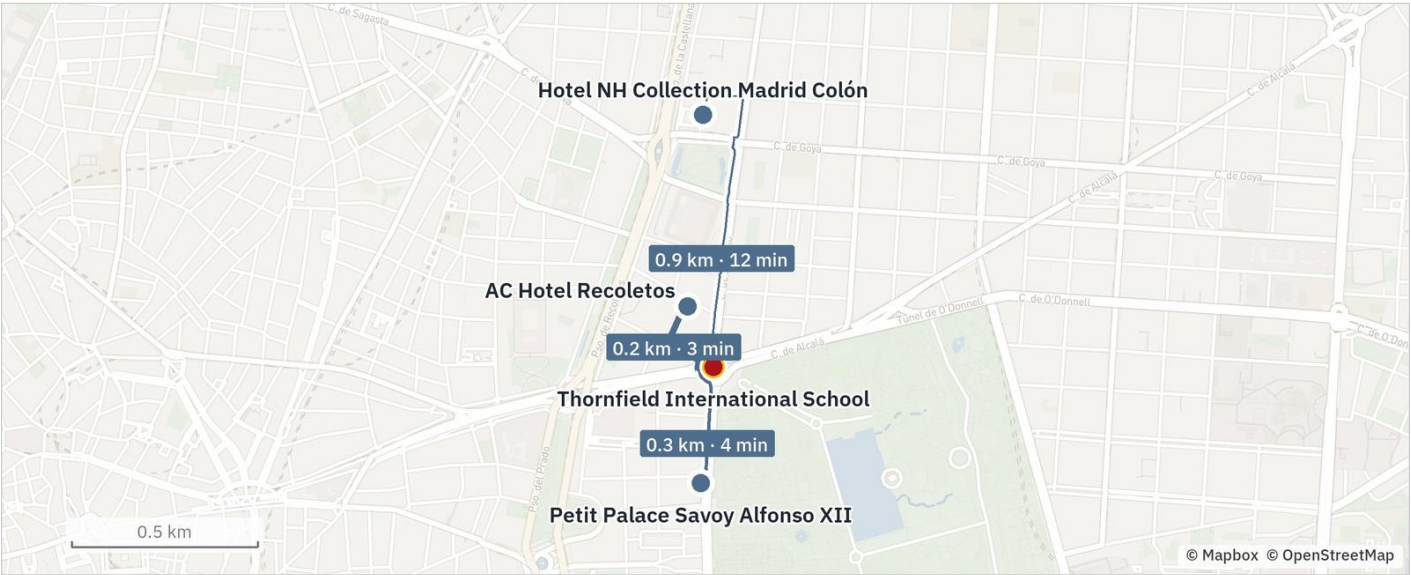
Three hotels within a walk of the host school

On foot from the host · AC Recoletos 0.2 km · Petit Palace 0.3 km · NH Collection 0.9 km

On foot

Host school

Hotel



Source: Mapbox Directions (walking), ETI360 place register. The host school is a showcase position.

The host school and the three hotels, with the walking routes.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions (walking).

The guide lists; the school chooses. Rates, group terms and rooming are the Head of Trips' conversation with each hotel, and the fixture guide records the hotel booked for the trip.

Nearest pharmacies

Pharmacy	Address	Phone	Monday hours
Farmacia Cibeles Alcalá +A54 by the host	C. Alcalá, nº 54, Retiro, 28014 Madrid	+34 914 31 88 90	8:30 AM–10:00 PM
Farmacia by the first hotel	C. de Recoletos, 17, Salamanca, 28001 Madrid	+34 914 35 19 07	9:30 AM–9:30 PM



The emergency department nearest the host is the first call for a serious injury; the second department is the fallback. 061 gives medical advice and books a home visit; every pharmacy posts the farmacia de guardia rota, and the Farmacia Cibeles on Calle de Alcalá opens to 22:00.

Emergency department

Hospital General Universitario Gregorio Marañón, Calle del Doctor Esquerdo 46 — 24 h urgencias for adults and, in its own pediatric building, for children; six minutes by car from the host.
From the host: 1.7 km · about 6 min by taxi · from the first hotel: 2.0 km · about 8 min
+34 915 86 80 00

Children's hospital

Hospital Infantil Universitario Niño Jesús, Avenida de Menéndez Pelayo 65, on the Retiro's east side — 24 h pediatric emergency, eight minutes; the reference for a student under sixteen.
From the host: 2.5 km · about 8 min by taxi
+34 915 03 59 00

Second department

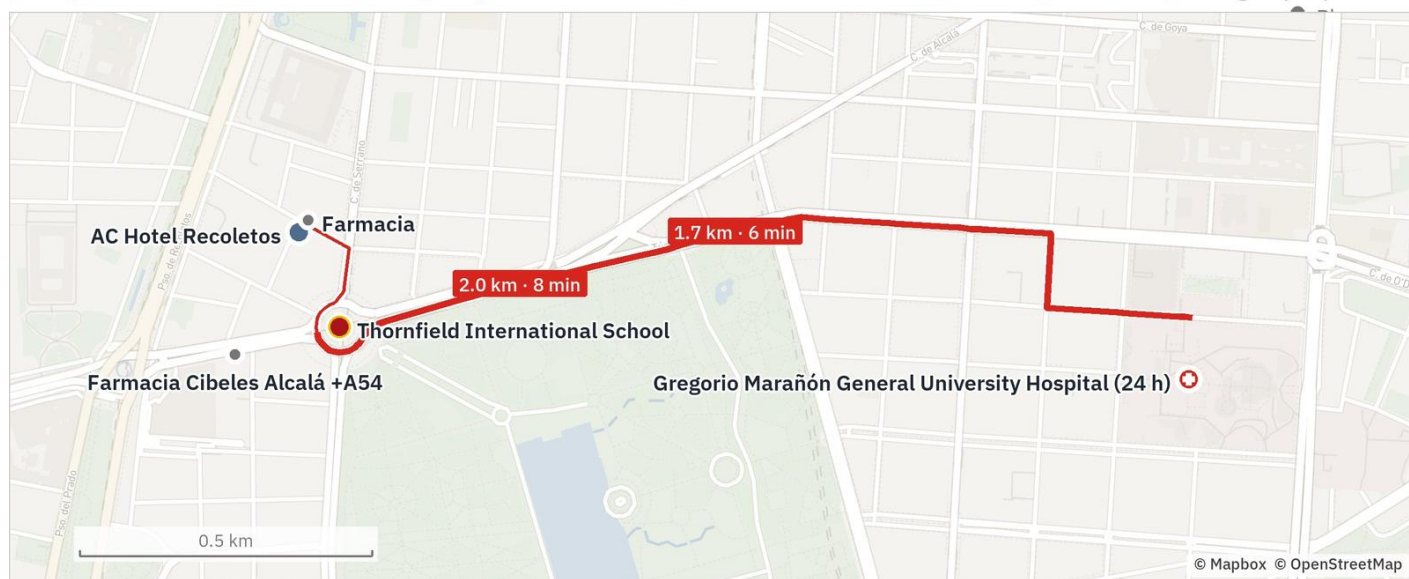
Hospital Universitario de La Princesa, Calle de Diego de León 62 — 24 h adult urgencias, eight minutes; the fallback.
From the host: 2.5 km · about 8 min by taxi
+34 915 20 22 00

MEDICAL

Host school, first hotel and the emergency department

Gregorio Marañón General University Hospital · host 1.7 km, 6 min · first hotel 2.0 km, 8 min by taxi

— To the emergency department
● Host school
● Hotel
● Emergency department



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.

Host school, first hotel and the emergency department of record, with the nearest pharmacies.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

What to expect at an emergency department in Spain

- Bring: the student's passport, the signed medical consent and summary, the GHIC, the insurance details, and a staff member who stays throughout.
- Triage: SERMAS hospitals triage on arrival by the Manchester system; a sports injury with X-ray is typically two to four hours, longer on a weekend evening.
- Payment: with a GHIC, public urgencias are free at the point of care; the desk photocopies the card and the passport. A private clinic asks for insurance details or a card.
- Language: the big Madrid hospitals have English-speaking doctors but the desk may not; the coach brings the medical summary and the host's nurse translates by phone.

Eating around the hotel

Thornfield International School • 14 – Sun 18 Oct 2026 • 3 – Sun 7 Mar 2027 • 21 – Sun 25 Apr 2027



Places a team can eat within a short walk of the first hotel, ranked by Google rating and review volume, with bars and anything above Google's second price band left out. The numbers match the map.

- 1

New York Burger \$\$
Calle de Recoletos, 4, Madrid · 130 m · 2 min walk · 4.6★ (9,275)
- 2

Alfredo's Barbacoa \$
Calle de Lagasca, 5, Madrid · 310 m · 4 min walk · 4.1★ (4,454)
- 3

Restaurante La Giralda - Tu Rincón de Andalucía en Madrid - \$\$
Calle de Claudio Coello, 24, Madrid · 320 m · 4 min walk · 4.3★ (1,846)
- 4

Financial Club Genova
Calle del Marqués de la Ensenada, 14, Madrid · 450 m · 5 min walk · 4.2★ (1,395)
- 5

La Mordida \$\$
Calle de Belén, 13, Madrid · 630 m · 8 min walk · 4.4★ (2,982)
- 6

La Tavernetta \$\$
Calle de Orellana, 17, Madrid · 650 m · 8 min walk · 4.6★ (1,423)
- 7

Bazaar \$
Calle de la Libertad, 21, Madrid · 670 m · 8 min walk · 4.1★ (8,140)
- 8

Trattoria Pulcinella \$\$
Calle de Regueros, 7, Madrid · 690 m · 8 min walk · 4.7★ (9,614)
- 9

La Paella de la Reina \$\$
Calle de la Reina, 39, Madrid · 700 m · 8 min walk · 4.1★ (3,372)
- 10

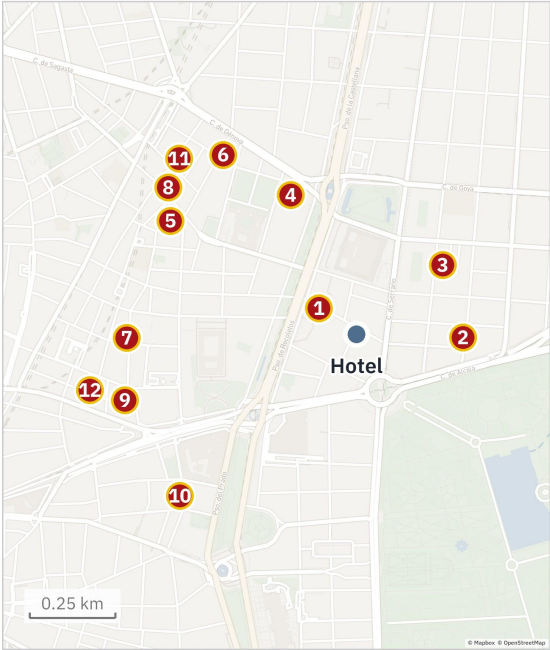
Taj Indian Restaurant Madrid \$\$
Calle del Marqués de Cubas, 6, Madrid · 700 m · 8 min walk · 4.1★ (1,437)
- 11

Krachai - Thai Cuisine \$\$
Calle de Fernando VI, 11, Madrid · 710 m · 9 min walk · 4.2★ (1,626)
- 12

La Barraca \$\$
Calle de la Reina, 29, Madrid · 790 m · 9 min walk · 4.3★ (4,510)

EATING Around the first hotel

Numbers match the list • hotel marked in slate



Source: Google Places, ETI360 place register.

Price bands are Google's (\$ to \$\$\$\$); ratings are Google reviews at 14 September 2026. Hours change; the hotel front desk confirms and takes a booking for twenty.

What to eat in Madrid

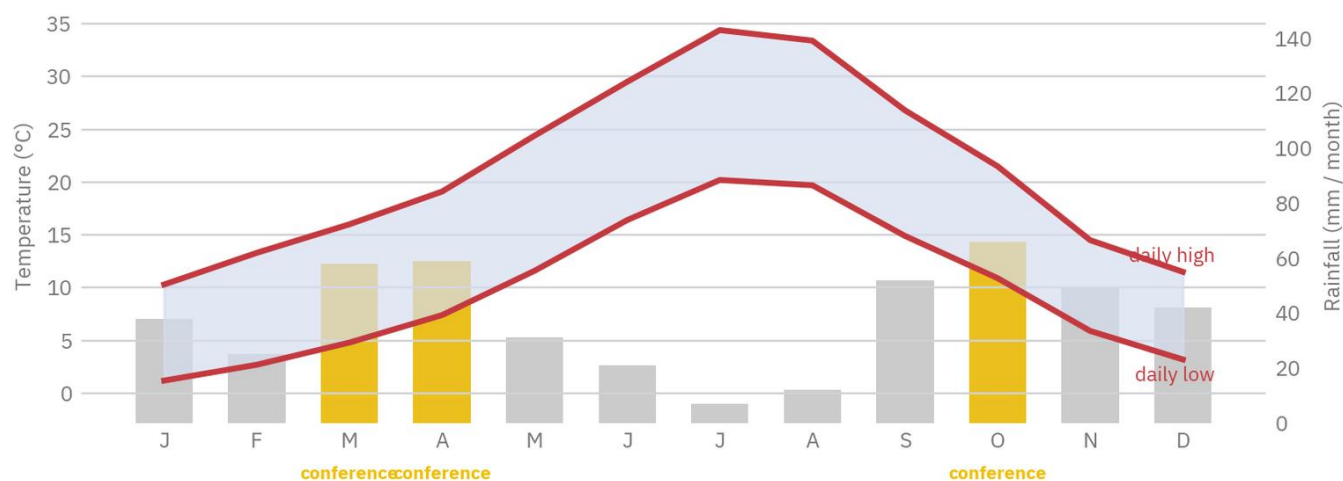
- Bocadillo de calamares**
the Madrid lunch, from any bar near the Plaza Mayor
- Tortilla and tapas**
an early team dinner works as raciones to share
- Cocido madrileño**
the winter stew, a whole lunch in itself
- Churros con chocolate**
the breakfast treat, best before 10:00



What Madrid typically does in the conference windows Wexcombe travels there, from ten years of daily records. Typical conditions, not a forecast; the Administrator in Charge checks the week's forecast before departure.

Madrid through the year

Madrid · mean daily high and low (°C) and monthly rainfall (mm), 2015–2024 · conference windows in gold



Source: Open-Meteo historical archive (ERA5 reanalysis), Madrid grid point, 2015–2024.

Wexcombe

The windows

- Early March: highs about 15 °C, lows near 4 °C; bright and dry, cold mornings.
- Late April: highs about 19 °C, lows near 8 °C, a shower on one day in four; the golf course is exposed and sun cream matters.
- Mid-October: typical highs about 20 °C, lows near 10 °C, mostly dry; warm afternoons for volleyball warm-ups outdoors, cool evenings.

Good to know

- Lunch is 14:00–16:00 and dinner from 21:00; a team that eats at 19:00 eats at a hotel or a chain, and the host books when told in advance.
- Metro and bus tickets are checked at exit as well as entry; the Multi card stays in a pocket, not a bag.
- Pickpockets work the Sol–Gran Vía stretch and the Metro; kit bags stay closed and phones stay off the café table.
- Public drinking in the street is fined; the hotel bar is the staff's only evening option.

Contacts — Madrid

Thornfield International School · 14 – Sun 18 Oct 2026 · 3 – Sun 7 Mar 2027 · 21 – Sun 25 Apr 2027



One page, every number, designed to be photographed. Staff keep it on their phones; the fields the school completes are blanks.

Spain: **112** Any emergency · **061** SUMMA 112 — medical · **091** Policía Nacional · **092** Policía Municipal

Contact	Number	Role
Administrator in Charge — mobile Travels with the party; on all night	_____	First call for any student, parent or coach. Issued before departure.
Wexcombe trip duty phone (24 h) Staffed in London for the five days	+44 20 7946 0871	When the Administrator in Charge cannot be reached.
Wexcombe Head of Trips trips@wexcombe.school	+44 20 7946 0812	School-side owner of the trip; office hours.
Wexcombe School Nurse nurse@wexcombe.school	+44 20 7946 0830	Holds the medical sheets; takes a medical question.
Gregorio Marañón General University Hospital — emergency department C. del Dr. Esquerdo, 46, Retiro, 28007 Madrid	+34 915 86 80 00	Emergency department; 1.7 km, about 6 min from the host.
Hospital Infantil Universitario Niño Jesús — children's hospital Av. de Menéndez Pelayo, 65, Retiro, 28009 Madrid	+34 915 03 59 00	Children's hospital; 2.5 km, about 8 min from the host.
Hospital de La Princesa — second department Calle de Diego de León, 62, Salamanca, 28006 Madrid, Salamanca	+34 915 20 22 00	Second department; 2.5 km, about 8 min from the host.
Thornfield International School — main office Puerta de Alcalá	+34 91 000 00 40	Front office on competition days; coach drop-off at the host point.
Thornfield International School — athletics office	+34 91 000 00 42	Host fixtures lead; first call at the venue.
Thornfield International School — school nurse	+34 91 000 00 43	On the venue during sessions.
AC Hotel Recoletos — front desk C. de Recoletos, 18, Salamanca, 28001 Madrid	+34 914 36 13 82	Holds the Wexcombe rooming list.
Petit Palace Savoy Alfonso XII — front desk C. de Alfonso XII, 18, Retiro, 28014 Madrid	+34 915 22 19 20	Holds the Wexcombe rooming list.
Hotel NH Collection Madrid Colón — front desk C. del Marqués de Zurgena, 4, Salamanca, 28001 Madrid	+34 916 00 81 46	Holds the Wexcombe rooming list.
British Embassy Madrid Torre Emperador Castellana, Paseo de la Castellana 259D, 28046 Madrid	+34 917 146 300	Lost passport or consular help.
FCDO, London (24 h) Consular emergencies abroad	+44 20 7008 5000	When the mission is closed.
Travel insurance assistance line Policy number: _____	_____	Sports injury, admission, medical transfer home.



ALDERMERE INTERNATIONAL SCHOOL · ITALY

Welcome to Rome

Wexcombe travels to Rome for swimming 27 – Sun 31 Jan 2027; track & field 21 – Sun 25 Apr 2027. The host is Aldermere International School, at Piazza di Siena, Villa Borghese; every distance in this chapter is measured from that point.

Time	CET — one hour ahead of London
Currency	Euro (€)
Plug	Types L and F, 230 V — UK plugs need an adapter
Tap water	Tap water is safe; Rome's nasoni street fountains run cold drinking water all day.
SIM and roaming	TIM, Vodafone and WindTre sell prepaid SIMs at Fiumicino; a passport and codice fiscale form is filled at the counter, so an eSIM bought in advance is faster.
UK mission	British Embassy Rome Via XX Settembre 80a, 00187 Roma · +39 06 4220 0001

Italy emergency numbers

112 Any emergency Italy's single number; English-speaking operators	118 Ambulance Still answered; routes into 112 in Lazio
113 Police	115 Fire



Aldermere International School

Host point	Piazza di Siena, Villa Borghese — Viale del Galoppatoio, 00197 Roma (showcase position)
Main office	+39 06 0000 5100
Athletics office	+39 06 0000 5120
School nurse	+39 06 0000 5130

Fifteen minutes on foot from Via Veneto; consular appointments online. Out of hours the FCDO in London answers on +44 20 7008 5000.

Arriving in Rome

Aldermere International School • 27 – Sun 31 Jan 2027 • 21 – Sun 25 Apr 2027



By air

Fiumicino (FCO). The Leonardo Express runs non-stop to Termini every 15 minutes, 32 minutes, tickets by contactless at the gate; Termini to the host is eight minutes by taxi. Taxis charge a fixed 55 € per car (up to four) to anywhere inside the Aurelian walls – Villa Borghese qualifies; the white taxis at the official rank are the licensed ones. The pre-booked coach meets the party at the terminal's coach bay; allow an hour by road.

By rail

Frecciarossa and Italo high-speed trains arrive at Roma Termini; the host is eight minutes by taxi or Metro line A two stops to Barberini and a ten-minute walk through the park gate at Porta Pinciana.

Moving a team

A pre-booked coach or NCC minibuses for a team and kit; Rome taxis take four and do not stop in the street. Metro line A (Barberini, Flaminio) and buses run on the same 1.50 € BIT ticket, tapped or validated on board.

Transfers by road, off-peak

Journey	Mapbox driving figure
Leonardo da Vinci International Airport → Aldermere International School	36.8 km · about 59 min
Roma Termini → Aldermere International School	3.4 km · about 10 min
Leonardo da Vinci International Airport → Hotel nhov Roma Vittorio Veneto	37.6 km · about 62 min
Roma Termini → Hotel nhov Roma Vittorio Veneto	2.3 km · about 7 min

ARRIVING

Leonardo da Vinci International Airport and Roma Termini to the host school

By road · airport 36.8 km, about 59 min · station 3.4 km, about 10 min (off-peak)

— From the airport
— From the station
● Airport / station / host



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.
Leonardo da Vinci International Airport (navy) and Roma Termini (gold) to the host school.
Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

The hotels

Aldermere International School · 27 – Sun 31 Jan 2027 · 21 – Sun 25 Apr 2027



Via Veneto hotels sit ten minutes' walk from the piazza across the park; nhow on Corso d'Italia is the largest of the three, the Clarion on Via Sardegna the mid-range option. Rates are high in this district; the host's list of group hotels north of the park is the alternative.

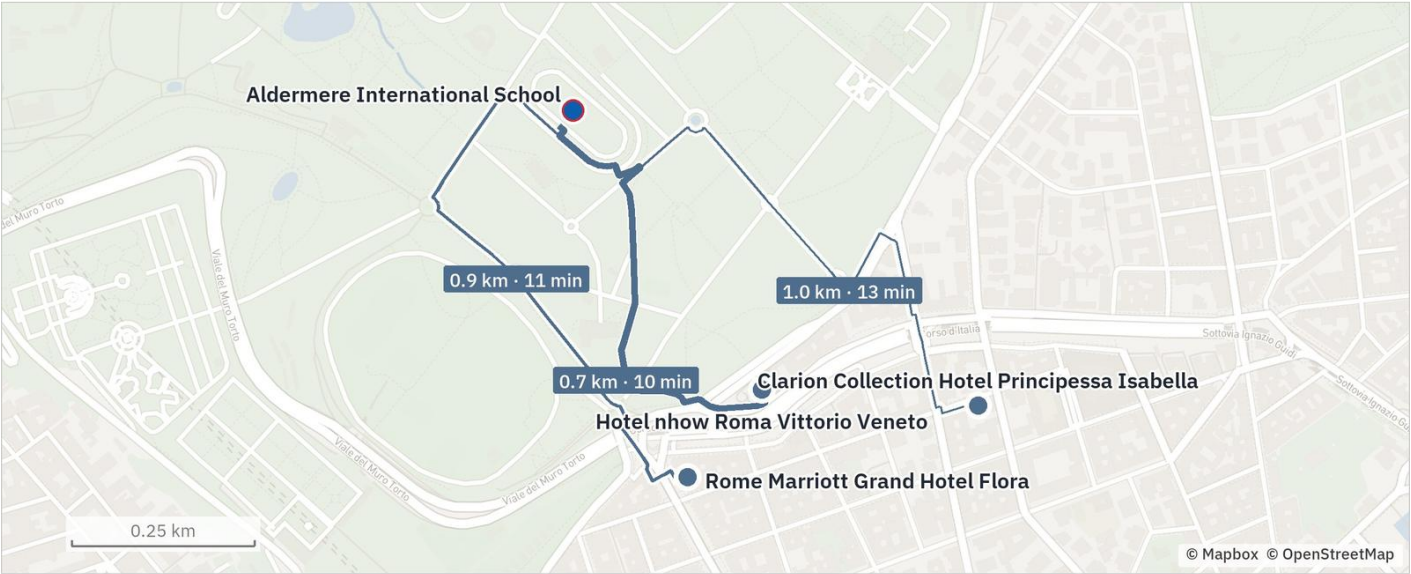
Hotel	Front desk	Walk to the host	To the emergency department	From the airport / station
Hotel nhow Roma Vittorio Veneto Corso d'Italia, 1, 00198 Roma RM	+39 06 84951	0.7 km · about 10 min on foot	2.8 km · about 9 min	37.6 km · 62 min rail 2.3 km · 7 min
Rome Marriott Grand Hotel Flora Via Vittorio Veneto, 191, 00187 Roma RM	+39 06 489929	0.9 km · about 11 min on foot	2.9 km · about 9 min	37.6 km · 62 min rail 2.6 km · 8 min
Clarion Collection Hotel Principessa Isabella Via Sardegna, 149/151, 00187 Roma RM	+39 06 484523	1.0 km · about 13 min on foot	3.1 km · about 10 min	37.3 km · 61 min rail 1.8 km · 8 min

WHERE TO STAY

Three hotels within a walk of the host school

On foot from the host · nhow Roma 0.7 km · Rome Marriott 0.9 km · Clarion Collection 1.0 km

- On foot
- Host school
- Hotel



Source: Mapbox Directions (walking), ETI360 place register. The host school is a showcase position.

The host school and the three hotels, with the walking routes.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions (walking).

The guide lists; the school chooses. Rates, group terms and rooming are the Head of Trips' conversation with each hotel, and the fixture guide records the hotel booked for the trip.

Nearest pharmacies

Pharmacy	Address	Phone	Monday hours
Farmacia Farmaveneto S.r.l. by the host	V. Lombardia, 11, 00187 Roma RM	+39 06 6482 4065	8:00 AM–8:00 PM



The emergency department nearest the host is the first call for a serious injury; the second department is the fallback. 116 117, the Lazio continuity-of-care line, sends a doctor outside surgery hours and answers in English; pharmacies display the *farmacia di turno*, and the Farmaveneto on Via Veneto opens late.

Emergency department

Policlinico Umberto I (Sapienza), Viale del Policlinico 155 — 24 h pronto soccorso, ten minutes by car; the Sapienza university hospital's department.
From the host: 3.5 km · about 10 min by taxi · from the first hotel: 2.8 km · about 9 min
+39 06 49971

Children's hospital

Ospedale Pediatrico Bambino Gesù, Piazza Sant'Onofrio 4, Gianicolo — 24 h pediatric emergency, seventeen minutes; the reference for a student under eighteen.
From the host: 5.5 km · about 17 min by taxi
+39 06 68591

English-speaking private hospital

UPMC Salvator Mundi International Hospital, Viale delle Mura Gianicolensi 67 — private, English-speaking, 23 minutes; the school's insurance pays, not the GHIC.
From the host: 7.4 km · about 23 min by taxi
+39 06 588961

MEDICAL

Host school, first hotel and the emergency department

Clinica ospedaliero-universitaria Policlinico Umberto I · host 3.5 km, 10 min · first hotel 2.8 km, 9 min by taxi



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.

Host school, first hotel and the emergency department of record, with the nearest pharmacies.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

What to expect at an emergency department in Italy

- Bring: the student's passport, the signed medical consent and summary, the GHIC, the insurance details, and a staff member who stays throughout.
- Triage: Italian pronto soccorso departments triage into five color codes on arrival; a sports injury (green) commonly waits three hours or more in a big public hospital, which is why the children's hospital is the first call for a student.
- Payment: with a GHIC, public emergency care is free for an urgent case; a non-urgent visit carries a ticket fee paid at the desk. The private hospital asks for an insurance authorization.
- Language: Bambino Gesù and Salvator Mundi work in English; Umberto I is patchier, so the coach brings the medical summary and the host's nurse on the phone.

Eating around the hotel

Aldermere International School • 27 – Sun 31 Jan 2027 • 21 – Sun 25 Apr 2027



Places a team can eat within a short walk of the first hotel, ranked by Google rating and review volume, with bars and anything above Google's second price band left out. The numbers match the map.

- 1

Vladimiro \$\$
Via Aurora, 37, Roma • 370 m • 4 min walk • 4.5★ (2,162)
- 2

Hard Rock Cafe Rome \$\$
Via Vittorio Veneto, 62A/B, Roma • 430 m • 5 min walk • 4.4★ (21,476)
- 3

Trattoria Cadorna \$\$
Via Raffaele Cadorna, 12, Roma • 670 m • 8 min walk • 4.4★ (1,145)
- 4

Osteria Barberini \$\$
Via della Purificazione, 21, Roma • 680 m • 8 min walk • 4.3★ (2,870)
- 5

Ippokrates - Greek Restaurant \$\$
Via Piave, 30, Roma • 700 m • 8 min walk • 4.5★ (2,239)
- 6

Kebab \$\$
Via Augusto Valenziani, 14, Roma • 730 m • 9 min walk • 4.2★ (1,201)
- 7

Alla Rampa \$\$
Piazza Mignanelli, 18, Roma • 770 m • 9 min walk • 4.6★ (12,833)
- 8

Tien Tsin Chinese Restaurant \$
Via di Capo le Case, 55, Roma • 790 m • 9 min walk • 4.1★ (1,123)
- 9

Gaudi \$\$
Via Ruggero Giovannelli, 8/12, Roma • 820 m • 10 min walk • 4★ (1,996)
- 10

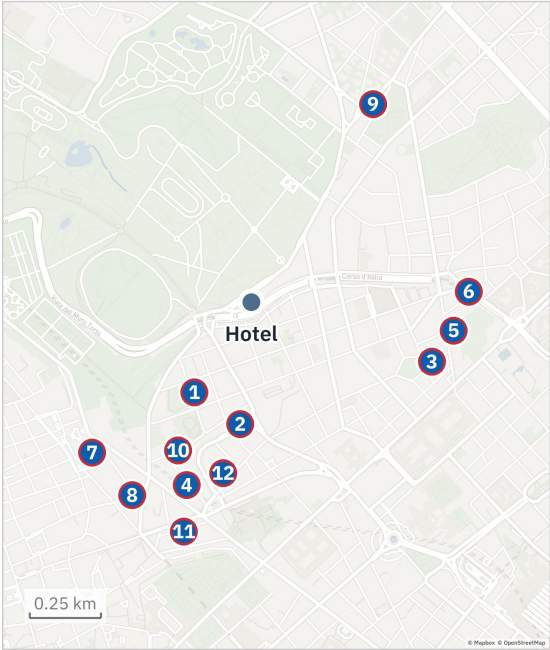
T-Bone Station \$\$
Via Francesco Crispi, 29, Roma • 830 m • 10 min walk • 4★ (2,298)
- 11

Colline Emiliane \$\$
Via degli Avignonesi, 22, Roma • 840 m • 10 min walk • 4.6★ (1,736)
- 12

Sora Lucia \$\$
Via Rasella, 138, Roma • 900 m • 11 min walk • 4.4★ (1,839)

EATING Around the first hotel

Numbers match the list • hotel marked in slate



Source: Google Places, ETI360 place register.

Price bands are Google's (\$ to \$\$\$\$); ratings are Google reviews at 14 September 2026. Hours change; the hotel front desk confirms and takes a booking for twenty.

What to eat in Rome

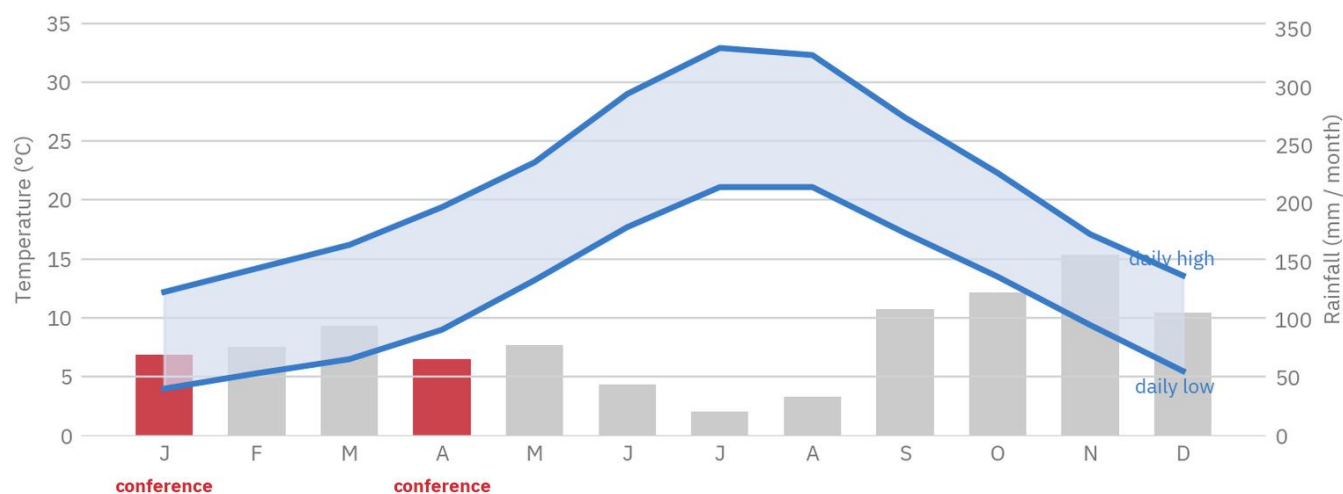
Pizza al taglio by the slice, by weight — a team lunch in ten minutes	Cacio e pepe or carbonara the trattoria dinner; bookings for twenty at 19:30 are early by Roman standards and easy	Suppli fried rice balls from any pizzeria counter	Gelato the post-race stop; a cone is two to three euros
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What Rome typically does in the conference windows Wexcombe travels there, from ten years of daily records. Typical conditions, not a forecast; the Administrator in Charge checks the week's forecast before departure.

Rome through the year

Rome • mean daily high and low (°C) and monthly rainfall (mm), 2015–2024 • conference windows in gold



Source: Open-Meteo historical archive (ERA5 reanalysis), Rome grid point, 2015–2024.

Wexcombe

The windows

- Late January: typical highs about 13 °C, lows near 4 °C, rain on a third of days; an indoor swimming week, a coat for the walk.
- Late April: highs about 20 °C, lows near 9 °C, a shower on one day in four; track and field in the sun needs sun cream and shade at the finish.

Good to know

- Villa Borghese is a park with cars on its ring road; the team walks the paths, not the Viale.
- Bus tickets are validated on boarding; the fine for an unvalidated one is on the spot.
- Sitting on the Spanish Steps is fined; the pre-dinner photo is taken standing.
- Restaurants add a coperto (cover charge) per person; it is not a tip and it is not negotiable.

Contacts — Rome

Aldermere International School • 27 – Sun 31 Jan 2027 • 21 – Sun 25 Apr 2027



One page, every number, designed to be photographed. Staff keep it on their phones; the fields the school completes are blanks.

Italy: **112** Any emergency • **118** Ambulance • **113** Police • **115** Fire

Contact	Number	Role
Administrator in Charge — mobile Travels with the party; on all night	_____	First call for any student, parent or coach. Issued before departure.
Wexcombe trip duty phone (24 h) Staffed in London for the five days	+44 20 7946 0871	When the Administrator in Charge cannot be reached.
Wexcombe Head of Trips trips@wexcombe.school	+44 20 7946 0812	School-side owner of the trip; office hours.
Wexcombe School Nurse nurse@wexcombe.school	+44 20 7946 0830	Holds the medical sheets; takes a medical question.
Clinica ospedaliero-universitaria Policlinico Umberto I — emergency department Viale del Policlinico, 155, 00161 Roma RM	+39 06 49971	Emergency department; 3.5 km, about 10 min from the host.
Bambino Gesù Children's Hospital — children's hospital Piazza di Sant'Onofrio, 4, 00165 Roma RM	+39 06 68591	Children's hospital; 5.5 km, about 17 min from the host.
UPMC Salvator Mundi International Hospital — english-speaking private hospital V.le delle Mura Gianicolensi, 67, 00152 Roma RM	+39 06 588961	English-speaking private hospital; 7.4 km, about 23 min from the host.
Aldermere International School — main office Piazza di Siena, Villa Borghese	+39 06 0000 5100	Front office on competition days; coach drop-off at the host point.
Aldermere International School — athletics office	+39 06 0000 5120	Host fixtures lead; first call at the venue.
Aldermere International School — school nurse	+39 06 0000 5130	On the venue during sessions.
Hotel nhow Roma Vittorio Veneto — front desk Corso d'Italia, 1, 00198 Roma RM	+39 06 84951	Holds the Wexcombe rooming list.
Rome Marriott Grand Hotel Flora — front desk Via Vittorio Veneto, 191, 00187 Roma RM	+39 06 489929	Holds the Wexcombe rooming list.
Clarion Collection Hotel Principessa Isabella — front desk Via Sardegna, 149/151, 00187 Roma RM	+39 06 484523	Holds the Wexcombe rooming list.
British Embassy Rome Via XX Settembre 80a, 00187 Roma	+39 06 4220 0001	Lost passport or consular help.
FCDO, London (24 h) Consular emergencies abroad	+44 20 7008 5000	When the mission is closed.
Travel insurance assistance line Policy number: _____	_____	Sports injury, admission, medical transfer home.

Amsterdam

Brackenridge International School • 11 – Sun 15 Nov 2026 • 21 – Sun 25 Apr 2027



Wexcombe travels to Amsterdam for Art & Film Convention 11 – Sun 15 Nov 2026; tennis 21 – Sun 25 Apr 2027. The host is Brackenridge International School, at Museumplein; every distance in this chapter is measured from that point.

Time	CET — one hour ahead of London
Currency	Euro (€)
Plug	Type F, 230 V — UK plugs need an adaptor
Tap water	Tap water is safe to drink; restaurants bring it on request and may charge for it.
SIM and roaming	KPN, Vodafone and Odido prepaid SIMs at Schiphol Plaza and in supermarkets; Wi-Fi is free on NS trains and at Schiphol.
UK mission	British Consulate-General Amsterdam Koningslaan 44, 1075 AE Amsterdam • +31 20 676 4343

Netherlands emergency numbers

112 Any emergency European number; English-speaking operators	0900-8844 Police, non-emergency Also for a theft report, which the insurance claim needs
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Brackenridge International School

Host point	Museumplein — Museumplein, 1071 Amsterdam (showcase position)
Main office	+31 20 000 00 60
Athletics office	+31 20 000 00 62
School nurse	+31 20 000 00 63

Ten minutes on foot from the Museumplein, beside the Vondelpark; the embassy is in The Hague (+31 70 427 0427). Out of hours the FCDO in London answers on +44 20 7008 5000.



By air

Schiphol (AMS), one terminal. NS trains leave from under Schiphol Plaza: Amsterdam Zuid in 7 minutes, then tram 5 to Museumplein; or Amsterdam Centraal in 17 minutes. Taxis at the official rank run about 50–60 € to the Museum Quarter; the pre-booked coach loads at the Plaza's coach stands. Allow 25 minutes by road, more at the evening peak.

By rail

Eurostar from St Pancras arrives at Amsterdam Centraal in about 4 hours direct; trams 2 and 12 run from the station forecourt to Museumplein in 15 minutes. ICE from Berlin arrives at Centraal too.

Moving a team

A pre-booked coach for the team and kit; Dutch taxis take four. Trams, buses and the Metro run on one contactless tap (OVpay) – every rider taps in and out, including at the tram door on leaving.

Transfers by road, off-peak

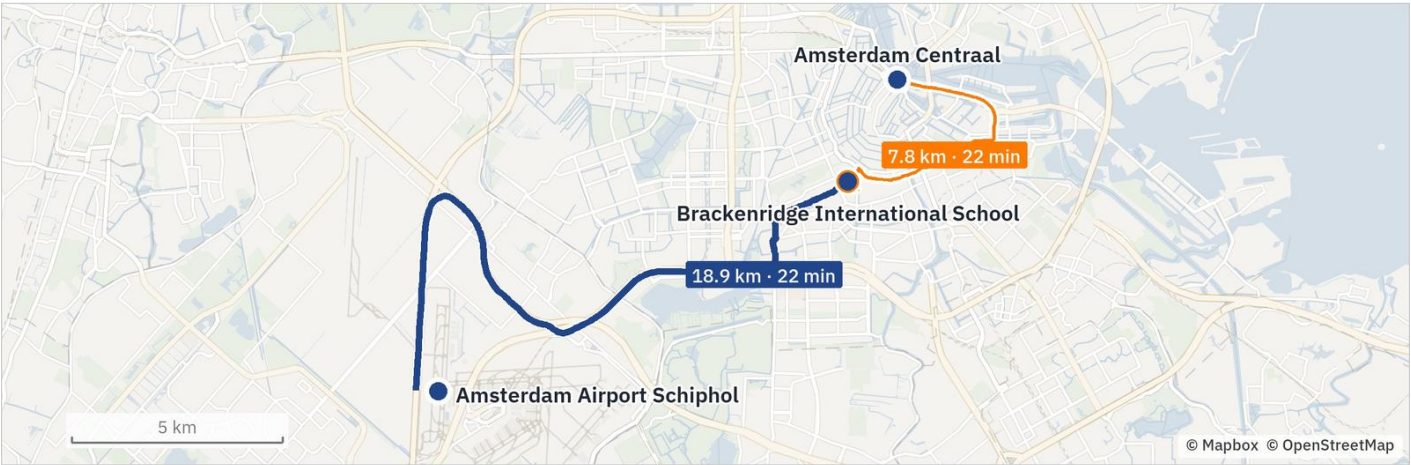
Journey	Mapbox driving figure
Amsterdam Airport Schiphol → Brackenridge International School	18.9 km · about 22 min
Amsterdam Centraal → Brackenridge International School	7.8 km · about 22 min
Amsterdam Airport Schiphol → Park Centraal Amsterdam	19.0 km · about 22 min
Amsterdam Centraal → Park Centraal Amsterdam	5.6 km · about 18 min

ARRIVING

Amsterdam Airport Schiphol and Amsterdam Centraal to the host school

By road · airport 18.9 km, about 22 min · station 7.8 km, about 22 min (off-peak)

From the airport
From the station
Airport / station / host



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.
Amsterdam Airport Schiphol (navy) and Amsterdam Centraal (gold) to the host school.
Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

The hotels

Brackenridge International School • 11 – Sun 15 Nov 2026 • 21 – Sun 25 Apr 2027



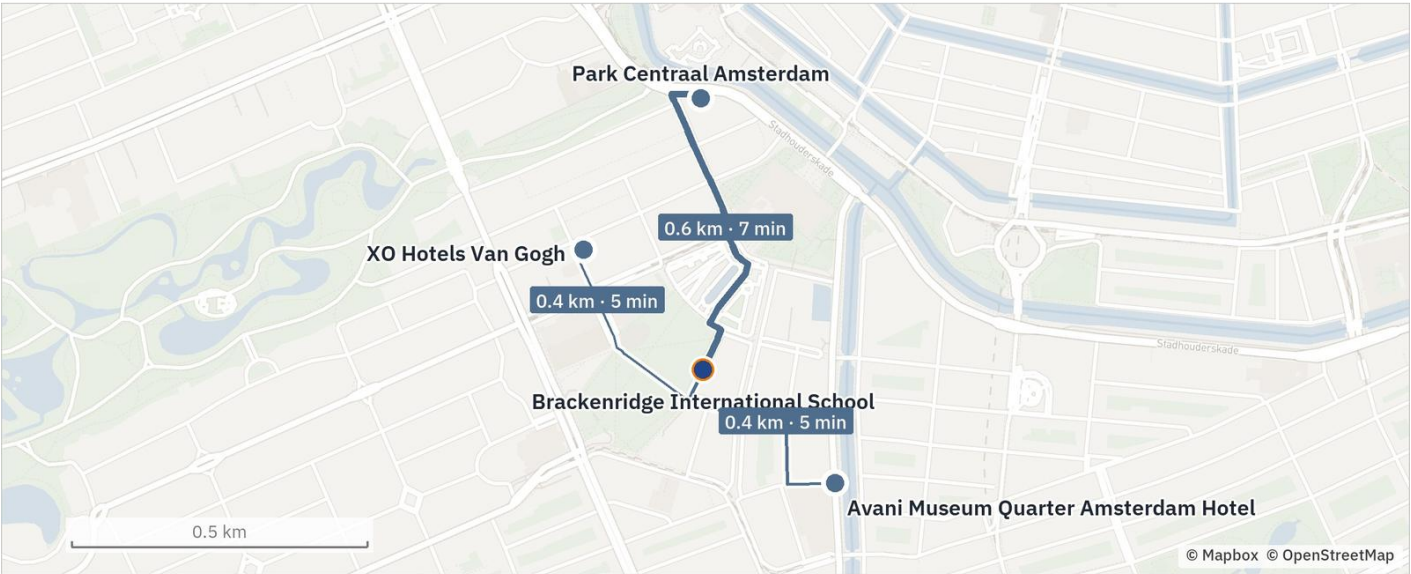
Park Centraal on Stadhouderskade is the group hotel; the Avani and XO Van Gogh are five minutes from the square. The Museum Quarter is quiet at night and the Vondelpark makes a safe morning run.

Hotel	Front desk	Walk to the host	To the emergency department	From the airport / station
Park Centraal Amsterdam Stadhouderskade 25, 1071 ZD Amsterdam	+31 20 710 7277	0.6 km · about 7 min on foot	4.7 km · about 14 min	19.0 km · 22 min rail 5.6 km · 18 min
Avani Museum Quarter Amsterdam Hotel Hobbemakade 50, 1071 XL Amsterdam	+31 20 573 8200	0.4 km · about 5 min on foot	5.9 km · about 13 min	20.9 km · 21 min rail 7.2 km · 19 min
XO Hotels Van Gogh van de Veldestraat 5, 1071 CK Amsterdam	+31 20 262 9200	0.4 km · about 5 min on foot	4.3 km · about 13 min	19.2 km · 22 min rail 6.3 km · 21 min

WHERE TO STAY Three hotels within a walk of the host school

On foot from the host · Park Centraal 0.6 km · Avani Museum 0.4 km · XO Hotels 0.4 km

- On foot
- Host school
- Hotel



Source: Mapbox Directions (walking), ETI360 place register. The host school is a showcase position.

The host school and the three hotels, with the walking routes.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions (walking).

The guide lists; the school chooses. Rates, group terms and rooming are the Head of Trips' conversation with each hotel, and the fixture guide records the hotel booked for the trip.

Nearest pharmacies

Pharmacy	Address	Phone	Monday hours
Lairesse Pharmacy by the host	De Lairessestraat 40hs, 1071 PB Amsterdam	+31 20 662 1022	8:30 AM–6:00 PM
Leidsestraat Pharmacy, Amsterdam by the first hotel	Leidsestraat 74-76, 1017 GM Amsterdam	+31 20 422 0210	8:30 AM–8:00 PM



The emergency department nearest the host is the first call for a serious injury; the second department is the fallback. The huisartsenpost for the Museum Quarter is reached through the hotel's front desk or the 112 operator; the dienstapotheek (24 h pharmacy) is listed on every pharmacy door, and Lairesse Pharmacy by the square opens on weekdays.

Emergency department

Amsterdam UMC, locatie VUmc, De Boelelaan 1117 — 24 h spoedeisende hulp for adults and children, fourteen minutes by car; the university hospital south of the city.
From the host: 4.4 km · about 14 min by taxi · from the first hotel: 4.7 km · about 14 min
+31 20 444 4444

Second department

OLVG locatie West, Jan Tooropstraat 164 — 24 h emergency department, nineteen minutes; the fallback.
From the host: 6.2 km · about 19 min by taxi
+31 20 599 9111

The Dutch rule

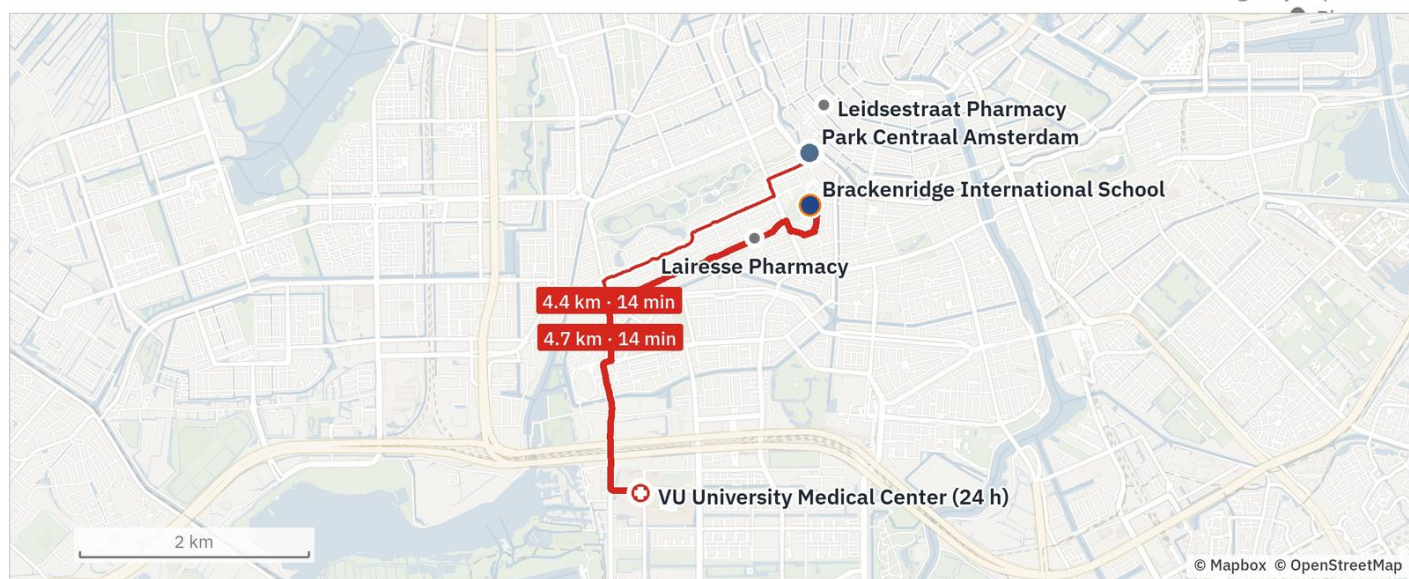
Outside a life-threatening emergency the first call is the huisartsenpost (out-of-hours GP post), which sees the student or refers to the emergency department; walking into a SEH without a referral means a long wait and a bill the GHIC does not cover.

MEDICAL

Host school, first hotel and the emergency department

VU University Medical Center · host 4.4 km, 14 min · first hotel 4.7 km, 14 min by taxi

- To the emergency department
- Host school
- Hotel
- Emergency department



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.

Host school, first hotel and the emergency department of record, with the nearest pharmacies.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

What to expect at an emergency department in Netherlands

- Bring: the student's passport, the signed medical consent and summary, the GHIC, the insurance details, and a staff member who stays throughout.
- Triage: a Dutch emergency department triages on arrival and sees referred cases first; a referred sports injury with X-ray is usually two to three hours.
- Payment: with a GHIC, care that the GP or the department deems necessary is covered at Dutch rates; the huisartsenpost visit itself is billed and reclaimed through the insurance.
- Language: everyone speaks English — the GP post, the department, the pharmacy.

Eating around the hotel

Brackenridge International School • 11 – Sun 15 Nov 2026 • 21 – Sun 25 Apr 2027



Places a team can eat within a short walk of the first hotel, ranked by Google rating and review volume, with bars and anything above Google's second price band left out. The numbers match the map.

- 1

Sama Sebo \$\$
Pieter Cornelisz Hooftstraat 27,
Amsterdam • 100 m • 1 min walk • 4.2★
(1,306)
- 2

Holland Casino Amsterdam
Max Euweplein 62, Amsterdam • 130 m
• 2 min walk • 4.1★ (4,983)
- 3

Café Americain \$\$
Leidseplein 28, Amsterdam • 270 m • 3
min walk • 4★ (2,169)
- 4

**Ristorante Pizzeria
Piccolino** \$\$
Lange Leidsedwardsstraat 63-65,
Amsterdam • 280 m • 3 min walk • 4.2★
(1,421)
- 5

Trattoria Fantasia \$\$
Marnixstraat 417, Amsterdam • 350 m •
4 min walk • 4.4★ (1,075)
- 6

Cafe De Klos \$\$
Kerkstraat 41, Amsterdam • 460 m • 6
min walk • 4.5★ (4,589)
- 7

Kartika \$\$
Overtoom 68H, Amsterdam • 500 m • 6
min walk • 4.6★ (1,784)
- 8

Otaru \$\$
Frans Halsstraat 2, Amsterdam • 530 m
• 6 min walk • 4.4★ (1,042)
- 9

Pasta e Basta 2.0 \$\$
Nieuwe Spiegelstraat 8, Amsterdam •
600 m • 7 min walk • 4.5★ (1,969)
- 10

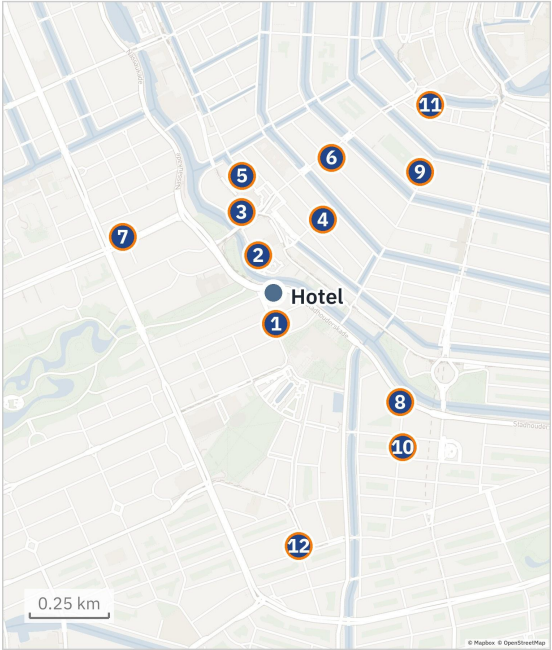
De Waaghals \$\$
Frans Halsstraat 29, Amsterdam • 630
m • 8 min walk • 4.6★ (787)
- 11

Sampurna \$\$
Singel 498, Amsterdam • 770 m • 9 min
walk • 4.3★ (2,684)
- 12

Café Loetje \$\$
Johannes Vermeerstraat 52,
Amsterdam • 800 m • 10 min walk •
4.3★ (4,243)

EATING Around the first hotel

Numbers match the list • hotel marked in slate



Source: Google Places, ETI360 place register.

Price bands are Google's (\$ to \$\$\$\$); ratings are Google reviews at 14 September 2026. Hours change; the hotel front desk confirms and takes a booking for twenty.

What to eat in Amsterdam

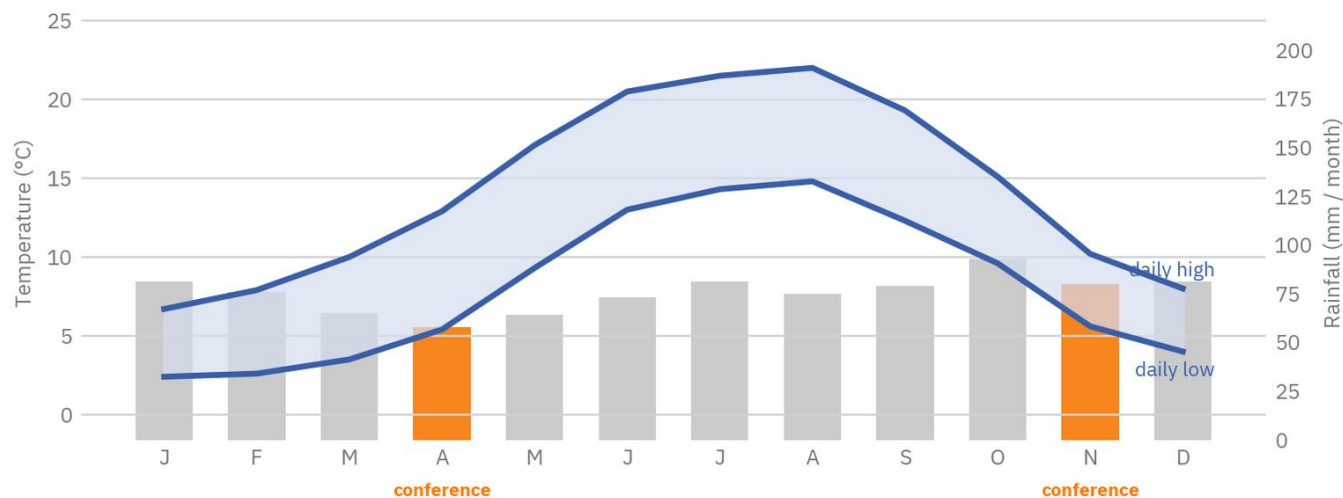
- Broodjes**
filled rolls from any bakery — the
team lunch
- Stamppot**
the winter plate: mashed potato,
greens, a sausage
- Indonesian rijsttafel**
the Amsterdam group dinner;
bookings for twenty
- Stroopwafels and poffertjes**
the market treat



What Amsterdam typically does in the conference windows Wexcombe travels there, from ten years of daily records. Typical conditions, not a forecast; the Administrator in Charge checks the week's forecast before departure.

Amsterdam through the year

Amsterdam • mean daily high and low (°C) and monthly rainfall (mm), 2015–2024 • conference windows in gold



Source: Open-Meteo historical archive (ERA5 reanalysis), Amsterdam grid point, 2015–2024.

Wexcombe

The windows

- Late April: highs about 15 °C, lows near 6 °C, showers on a third of days and a stiff breeze on the tennis courts.
- Mid-November: typical highs about 9 °C, lows near 4 °C, rain on nearly half of days and a wind off the IJ; a film convention is indoors, the walk is not.

Good to know

- Bike lanes are not pavements: a team walking three abreast on the red asphalt gets a bell.
- Cannabis is sold legally in licensed coffeeshops; the school's conduct policy applies abroad exactly as at home, and the smell on a jacket travels.
- Canals have no railings; the evening walk keeps to the lit side of the street.
- Card-only is common: many cafés and supermarkets no longer take cash at all.

Contacts — Amsterdam

Brackenridge International School • 11 – Sun 15 Nov 2026 • 21 – Sun 25 Apr 2027



One page, every number, designed to be photographed. Staff keep it on their phones; the fields the school completes are blanks.

Netherlands: **112** Any emergency • **0900-8844** Police, non-emergency

Contact	Number	Role
Administrator in Charge — mobile Travels with the party; on all night	_____	First call for any student, parent or coach. Issued before departure.
Wexcombe trip duty phone (24 h) Staffed in London for the five days	+44 20 7946 0871	When the Administrator in Charge cannot be reached.
Wexcombe Head of Trips trips@wexcombe.school	+44 20 7946 0812	School-side owner of the trip; office hours.
Wexcombe School Nurse nurse@wexcombe.school	+44 20 7946 0830	Holds the medical sheets; takes a medical question.
VU University Medical Center — emergency department De Boelelaan 1117, 1081 HV Amsterdam	+31 20 444 4444	Emergency department; 4.4 km, about 14 min from the host.
OLVG Location West — second department Jan Tooropstraat 164, 1061 AE Amsterdam	+31 20 599 9111	Second department; 6.2 km, about 19 min from the host.
Brackenridge International School — main office Museumplein	+31 20 000 00 60	Front office on competition days; coach drop-off at the host point.
Brackenridge International School — athletics office	+31 20 000 00 62	Host fixtures lead; first call at the venue.
Brackenridge International School — school nurse	+31 20 000 00 63	On the venue during sessions.
Park Centraal Amsterdam — front desk Stadhouderskade 25, 1071 ZD Amsterdam	+31 20 710 7277	Holds the Wexcombe rooming list.
Avani Museum Quarter Amsterdam Hotel — front desk Hobbemakade 50, 1071 XL Amsterdam	+31 20 573 8200	Holds the Wexcombe rooming list.
XO Hotels Van Gogh — front desk van de Veldestraat 5, 1071 CK Amsterdam	+31 20 262 9200	Holds the Wexcombe rooming list.
British Consulate-General Amsterdam Koningslaan 44, 1075 AE Amsterdam	+31 20 676 4343	Lost passport or consular help.
FCDO, London (24 h) Consular emergencies abroad	+44 20 7008 5000	When the mission is closed.
Travel insurance assistance line Policy number: _____	_____	Sports injury, admission, medical transfer home.



Wexcombe travels to Geneva for Model United Nations (outside the conference) 11 – Sun 15 Nov 2026. The host is Stanhope International School, at Place des Nations; every distance in this chapter is measured from that point.

Time	CET — one hour ahead of London
Currency	Swiss franc (CHF); euros are taken in most shops, with change in francs
Plug	Type J, 230 V — a two-pin Type C adapter fits; the UK three-pin does not
Tap water	Tap water is safe to drink; every public fountain is drinkable unless marked.
SIM and roaming	Swisscom, Sunrise and Salt sell prepaid SIMs at the airport; Switzerland is outside most UK and EU roaming bundles, so the duty phone carries a Swiss SIM.
UK mission	British Consulate-General Geneva Avenue Louis-Casaï 58, 1216 Cointrin · +41 22 918 24 00

Switzerland emergency numbers

144 Ambulance The medical line; the dispatcher names the department	117 Police
118 Fire	112 Any emergency European number; routes to the right service



Stanhope International School

Host point	Place des Nations — Avenue de la Paix, 1202 Genève (showcase position)
Main office	+41 22 000 00 70
Athletics office	+41 22 000 00 72
School nurse	+41 22 000 00 73

Beside the airport, ten minutes from the Place des Nations; the embassy is in Bern (+41 31 359 7700). Out of hours the FCDO in London answers on +44 20 7008 5000.



Arriving in Geneva

Stanhope International School • 11 – Sun 15 Nov 2026

By air

Geneva Airport (GVA), one terminal — the party uses the Swiss (French) exit; the French sector is a separate customs zone. The train to Cornavin runs every few minutes, seven minutes, free with the ticket machine in the baggage hall (80 minutes of public transport for arriving passengers). Bus 5 also runs from the airport to the Place des Nations. Taxis run about 35–45 CHF to the Nations; the pre-booked coach loads at the arrivals forecourt; nine minutes by road.

By rail

TGV Lyria from Paris Gare de Lyon arrives at Genève Cornavin in about 3 h 10; from Cornavin, tram 15 to Nations in ten minutes, or a seven-minute taxi. A Geneva hotel issues a free transport card for the stay.

Moving a team

A pre-booked coach or the tram; Geneva taxis take four and cost more than the coach. The Geneva Transport Card the hotel issues covers trams, buses and the yellow lake boats for the whole delegation.

Transfers by road, off-peak

Journey	Mapbox driving figure
Geneva Airport → Stanhope International School	5.3 km • about 9 min
Geneva → Stanhope International School	1.7 km • about 7 min
Geneva Airport → InterContinental Geneve	3.4 km • about 10 min
Geneva → InterContinental Geneve	2.6 km • about 11 min

ARRIVING Geneva Airport and Geneva to the host school

By road • airport 5.3 km, about 9 min • station 1.7 km, about 7 min (off-peak)

- From the airport
- From the station
- Airport / station / host



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.

Geneva Airport (navy) and Geneva (gold) to the host school.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.



The hotels

Stanhope International School · 11 – Sun 15 Nov 2026

The InterContinental sits beside the Palais des Nations and hosts delegations as a matter of routine; Mon Repos and Les Nations on the Rue de Lausanne side are the mid-range and budget options, fifteen minutes on foot or three tram stops.

Hotel	Front desk	Walk to the host	To the emergency department	From the airport / station
InterContinental Geneve 7, Chem. du Petit-Saconnex 9, 1209 Genève	+41 22 919 39 39	0.9 km · about 12 min on foot	4.9 km · about 20 min	3.4 km · 10 min rail 2.6 km · 11 min
Hôtel Mon Repos Rue de Lausanne 131, 1202 Genève	+41 22 909 39 09	0.9 km · about 10 min on foot	4.2 km · about 19 min	8.1 km · 12 min rail 1.4 km · 5 min
Hôtel Les Nations Fassbind Hotels Rue du Grand-Pré 62, 1202 Genève	+41 22 748 08 08	1.2 km · about 15 min on foot	4.4 km · about 19 min	3.2 km · 9 min rail 1.1 km · 5 min

WHERE TO STAY

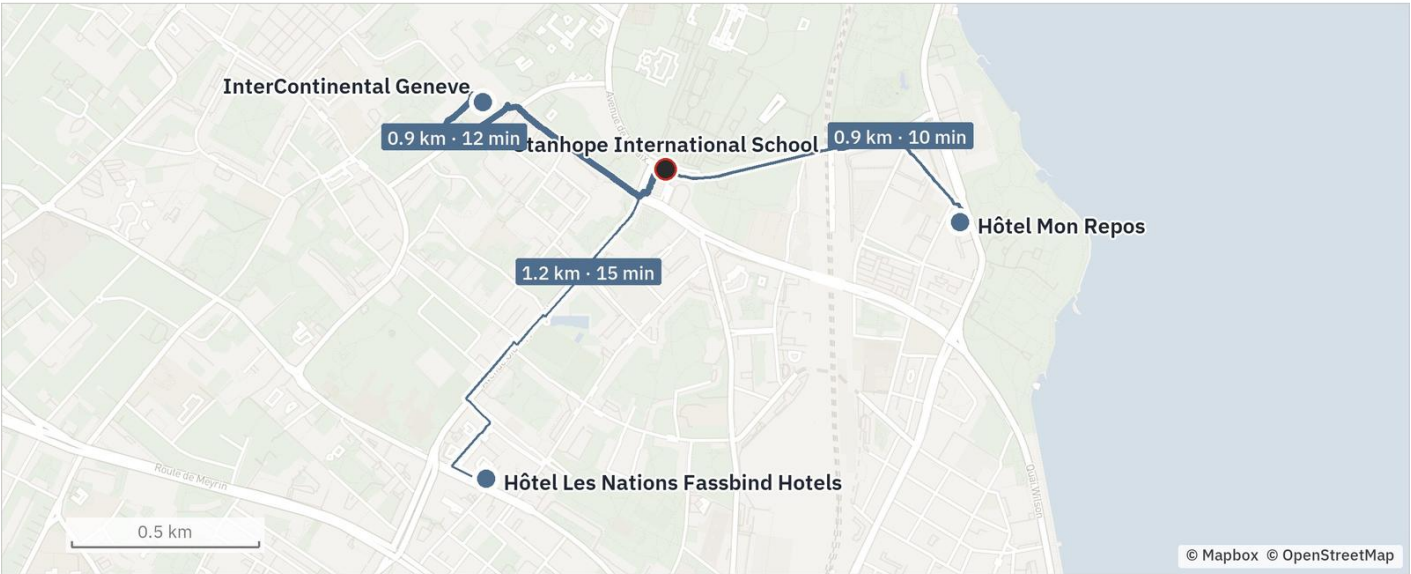
Three hotels within a walk of the host school

On foot from the host · InterContinental Geneve 0.9 km · Mon Repos 0.9 km · Les Nations 1.2 km

On foot

Host school

Hotel



Source: Mapbox Directions (walking), ETI360 place register. The host school is a showcase position.

The host school and the three hotels, with the walking routes.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions (walking).

The guide lists; the school chooses. Rates, group terms and rooming are the Head of Trips' conversation with each hotel, and the fixture guide records the hotel booked for the trip.

Nearest pharmacies

Pharmacy	Address	Phone	Monday hours
Varembé Pharmacy by the host	Rue de Montbrillant 67, 1202 Genève	+41 22 318 69 12	8:00 AM–7:00 PM
Pharmacie Parc de Budé SA by the first hotel	Av. De-Budé 15, 1202 Genève	+41 22 733 21 60	8:00 AM–7:00 PM



The emergency department nearest the host is the first call for a serious injury; the second department is the fallback. SOS Médecins Genève (+41 22 748 49 50) makes house calls; the pharmacie de garde is listed on every pharmacy door and the Pharmacie Parc de Budé by the InterContinental opens to 19:00.

Emergency department

Hôpitaux Universitaires de Genève (HUG), Rue Gabrielle-Perret-Gentil 4 — 24 h adult emergency, 22 minutes by car across the lake bridges; the children's emergency (Hôpital des enfants, Rue Willy-Donzé 6) is on the same campus and takes students under sixteen. From the host: 5.2 km · about 22 min by taxi · from the first hotel: 4.9 km · about 20 min
+41 22 372 33 11

Second department

Hôpital de la Tour, Avenue J.-D.-Maillard 3, Meyrin — private, 24 h emergency, sixteen minutes toward the airport; the school's insurance pays and the desk asks for a card. From the host: 6.6 km · about 16 min by taxi
+41 22 719 61 11

Insurance in Switzerland

Swiss hospitals bill in full at the point of care. With a GHIC, HUG bills the NHS for necessary care after a patient contribution; the private hospital and any ambulance (144 is not free) go to the school's insurance.

MEDICAL

Host school, first hotel and the emergency department

Hôpitaux Universitaires de Genève · host 5.2 km, 22 min · first hotel 4.9 km, 20 min by taxi

— To the emergency department
● Host school
● Hotel
● Emergency department



Source: Mapbox Directions, ETI360 place register. The host school is a showcase position.

Host school, first hotel and the emergency department of record, with the nearest pharmacies.

Map: Mapbox, OpenStreetMap contributors. Routes from Mapbox Directions.

What to expect at an emergency department in Switzerland

- Bring: the student's passport, the signed medical consent and summary, the GHIC, the insurance details, and a staff member who stays throughout.
- Triage: HUG triages on arrival with the Swiss Emergency Triage Scale; a sports injury with X-ray is typically two to three hours, faster at La Tour.
- Payment: a patient contribution is charged at HUG even with a GHIC and a deposit is asked without one; the ambulance is billed separately (several hundred francs) and claimed on the insurance.
- Language: French first; both hospitals have English-speaking doctors and the 144 dispatchers speak English.



Eating around the hotel

Stanhope International School · 11 – Sun 15 Nov 2026

Places a team can eat within a short walk of the first hotel, ranked by Google rating and review volume, with bars and anything above Google's second price band left out. The numbers match the map.

- 1

Restaurant Woods
InterContinental Genève, Chemin du Petit-Saconnex 7/9, Genève · in the hotel · 4.6★ (177)
- 2

China Garden \$\$
Avenue De-Budé 15, Genève · 130 m · 2 min walk · 4.4★ (285)
- 3

Chez ma cousine Petit-Saconnex \$
Chemin du Petit-Saconnex 2, Genève · 300 m · 4 min walk · 4.3★ (1,475)
- 4

Le Bistro Petit Saconnex \$
Place du Petit-Saconnex 4, Genève · 400 m · 5 min walk · 4.6★ (318)
- 5

Café du Soleil \$\$
Place du Petit-Saconnex 6, Genève · 410 m · 5 min walk · 4.5★ (3,339)
- 6

Mulan \$\$
Rue Maurice-Braillard 18, Genève · 480 m · 6 min walk · 4.6★ (244)
- 7

Luigia \$\$
Chemin de la Tourelle 2, Genève · 500 m · 6 min walk · 4.3★ (2,546)
- 8

Restaurant Vieux Bois & EHG Traiteur \$\$
Avenue de la Paix 12, Genève · 500 m · 6 min walk · 4.8★ (397)
- 9

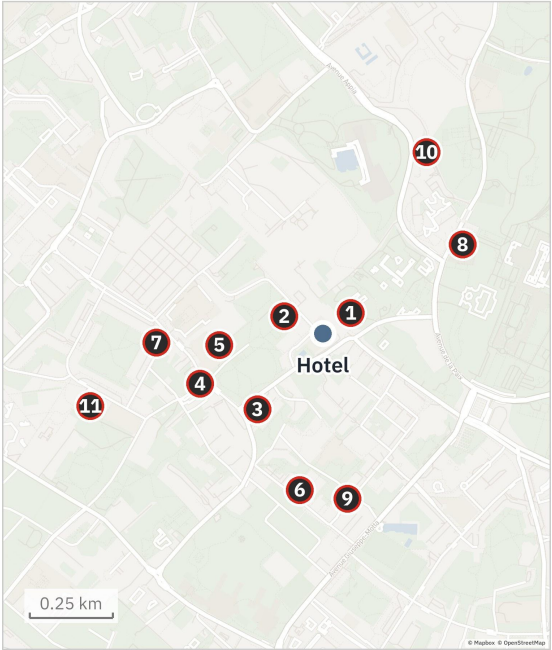
Restaurant Colombe \$\$
Chemin des Colombettes 11, Genève · 500 m · 6 min walk · 4.3★ (257)
- 10

La Vie des Champs \$\$
La Vy-des-Champs 15, Genève · 630 m · 8 min walk · 4.7★ (238)
- 11

Restaurant Colladon Parc \$\$
Chemin Colladon 5, Genève · 730 m · 9 min walk · 4.3★ (305)

EATING Around the first hotel

Numbers match the list · hotel marked in slate



Source: Google Places, ETI360 place register.

Price bands are Google's (\$ to \$\$\$\$); ratings are Google reviews at 14 September 2026. Hours change; the hotel front desk confirms and takes a booking for twenty.

What to eat in Geneva

- Fondue or raclette**
the delegation dinner in a booked room — no smell in the committee suits
- Malakoff**
fried cheese fritters, a Geneva canton specialty
- Filets de perche**
lake perch, the lunch on the quay
- Migros and Coop**
the supermarket lunch that keeps a MUN budget honest



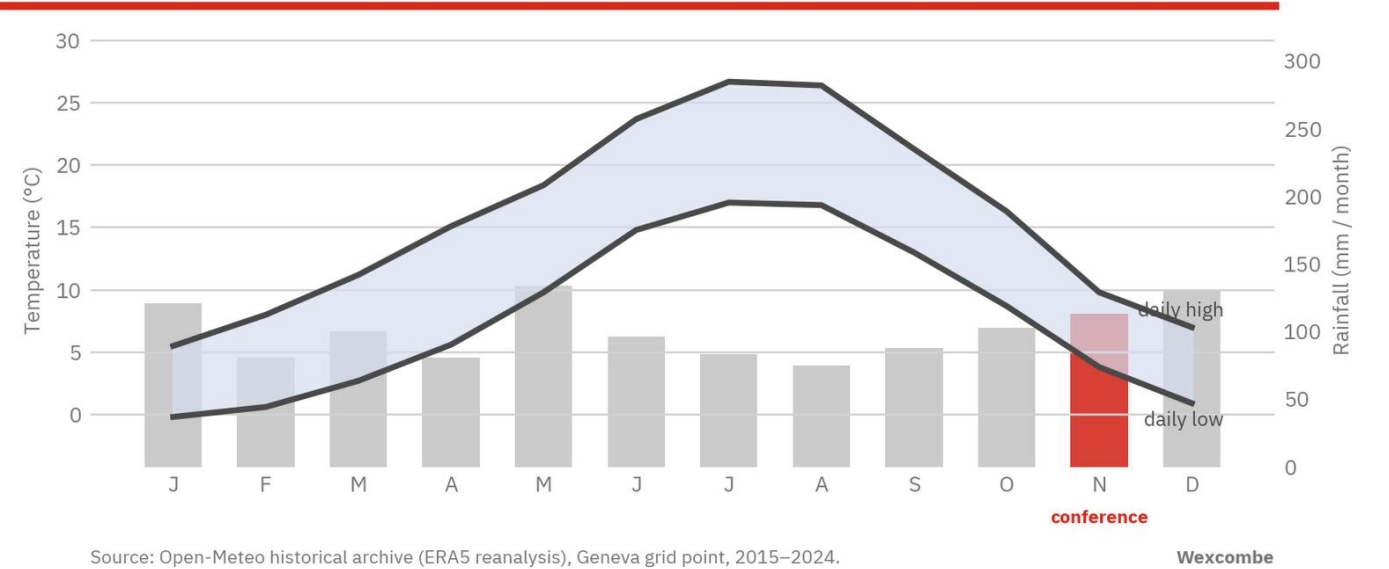
Weather and good to know

Stanhope International School · 11 – Sun 15 Nov 2026

What Geneva typically does in the conference windows Wexcombe travels there, from ten years of daily records. Typical conditions, not a forecast; the Administrator in Charge checks the week's forecast before departure.

Geneva through the year

Geneva · mean daily high and low (°C) and monthly rainfall (mm), 2015–2024 · conference windows in gold



The windows

- Mid-November: typical highs about 9 °C, lows near 3 °C, rain on a third of days and the bise wind off the lake; committee days are indoors, the walk to Nations is not.

Good to know

- Prices are Swiss: a café lunch is 20–25 CHF; the delegation's meal budget is set for Geneva, not for Paris.
- Everything closes on Sunday except the station shops; a Sunday departure eats at the hotel or the airport.
- The UN's Palais des Nations and the Broken Chair are on the doorstep; visits are booked, not walked into.
- Trams are unstaffed and checked; the hotel transport card is carried on every ride.



Contacts — Geneva

Stanhope International School · 11 – Sun 15 Nov 2026

One page, every number, designed to be photographed. Staff keep it on their phones; the fields the school completes are blanks.

Switzerland: **144** Ambulance · **117** Police · **118** Fire · **112** Any emergency

Contact	Number	Role
Administrator in Charge — mobile Travels with the party; on all night	_____	First call for any student, parent or coach. Issued before departure.
Wexcombe trip duty phone (24 h) Staffed in London for the five days	+44 20 7946 0871	When the Administrator in Charge cannot be reached.
Wexcombe Head of Trips trips@wexcombe.school	+44 20 7946 0812	School-side owner of the trip; office hours.
Wexcombe School Nurse nurse@wexcombe.school	+44 20 7946 0830	Holds the medical sheets; takes a medical question.
Hôpitaux Universitaires de Genève — emergency department Rue Gabrielle-Perret-Gentil 4, 1205 Genève	+41 22 372 33 11	Emergency department; 5.2 km, about 22 min from the host.
Hôpital de La Tour — second department Av. J.-D.-Maillard 3, 1217 Meyrin	+41 22 719 61 11	Second department; 6.6 km, about 16 min from the host.
Stanhope International School — main office Place des Nations	+41 22 000 00 70	Front office on competition days; coach drop-off at the host point.
Stanhope International School — athletics office	+41 22 000 00 72	Host fixtures lead; first call at the venue.
Stanhope International School — school nurse	+41 22 000 00 73	On the venue during sessions.
InterContinental Geneva — front desk 7, Chem. du Petit-Saconnex 9, 1209 Genève	+41 22 919 39 39	Holds the Wexcombe rooming list.
Hôtel Mon Repos — front desk Rue de Lausanne 131, 1202 Genève	+41 22 909 39 09	Holds the Wexcombe rooming list.
Hôtel Les Nations Fassbind Hotels — front desk Rue du Grand-Pré 62, 1202 Genève	+41 22 748 08 08	Holds the Wexcombe rooming list.
British Consulate-General Geneva Avenue Louis-Casali 58, 1216 Cointrin	+41 22 918 24 00	Lost passport or consular help.
FCDO, London (24 h) Consular emergencies abroad	+44 20 7008 5000	When the mission is closed.
Travel insurance assistance line Policy number: _____	_____	Sports injury, admission, medical transfer home.

Confirm before travel



Each line corresponds to a field or decision elsewhere in this guide. When the last one is confirmed for a window, the chapter is complete for that trip.

Each line is initialed and dated when confirmed

☐ Every traveler's passport meets the ten-year and three-month rules
initials / date _____

☐ EES registration allowed for at the first border of the year
initials / date _____

☐ ETIAS status checked at travel-europe.europa.eu for the window
initials / date _____

☐ GHIC in every traveler's wallet
initials / date _____

☐ Insurance policy number and assistance line entered on every contacts page
initials / date _____

☐ Administrator in Charge's mobile issued and entered on every contacts page
initials / date _____

☐ Duty-phone rota for each window confirmed
initials / date _____

☐ Each host's room list and schedule received and filed with the fixture guide
initials / date _____

☐ Hotel front desks hold the Wexcombe rooming list
initials / date _____

☐ Medical summaries and consent forms in the Administrator in Charge's folder
initials / date _____

☐ Coach transfers booked for every air and rail arrival
initials / date _____

☐ Local SIM for the duty phone abroad bought or arranged
initials / date _____

☐ Other-passport travelers' entry position confirmed
initials / date _____

☐ Non-sport passports: identity documents for EU and Swiss students confirmed
initials / date _____

Athletics and Activities Trips Guide 2026–27

This guide is prepared for Wexcombe International School and issued to the staff who travel with its teams and delegations to Meridian Schools Conference events. It organizes the public information for each host city — arrival, hotels, emergency departments, contacts — for the 2026–27 year. The school completes and holds the fields marked for confirmation. ETI360 structures the information; it does not advise, certify, or guarantee outcomes.

DOCUMENT	SCHOOL	CONFERENCE	VERSION
Athletics and Activities Trips Guide 2026–27	Wexcombe International School	Meridian Schools Conference	0.1 draft
EDITION	YEAR	GENERATED	PAGES
Wexcombe International School edition	2026–27	14 September 2026	49

